

Donate **blood** 
save a life.



Join
Assemblyman
Dave McDonough
at his
**Community
Blood Drive**

**TWO FREE NY METS TICKETS
WILL BE PROVIDED TO DONORS
COURTESY OF LONG ISLAND
BLOOD SERVICES!**

PRSR STD.
US Postage
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Albany, NY
Permit No. 75

Assemblyman Dave McDonough and Long Island Blood Services are conducting a Blood Drive

**Thursday, Feb. 28, 2:15 p.m. – 8:15 p.m.
at the American Legion Post 1749,
1298 Newbridge Road, North Bellmore**

Blood banks continue to have an urgent need for blood. The blood YOU donate today can save someone's life tomorrow! To be a donor you must:

- + Bring valid photo or signature identification
- + Weigh at least 110 lbs
- + Be age 16-75 (16-year-olds must have parental permission, age 76 and over need doctor's note)
- + Eat well and be hydrated prior to appointment
- + Not have gotten a tattoo within past 12 months (unless applied in New Jersey)



Dave McDonough

Please call Assemblyman McDonough's office to schedule an appointment, or for any other state questions or concerns:
516-409-2070

404 Bedford Avenue
Bellmore, NY 11710

mcdonoughd@assembly.state.ny.us

**EVERY DONOR RECEIVES
TWO FREE
NEW YORK
METS TICKETS
TO AN UPCOMING GAME
COURTESY OF
Long Island Blood Services**