Assemblyman Thiele Supports East Quogue Fire Department Fall Blood Drive

Monday, November 25th



2pm – 8pmEast Quogue F.D.
465 Montauk Hwy.
Truck Bays



Donating is Safe & Simple. Give the gift of life this holiday season and donate blood!

Your Donation Helps Save 3 Lives!

URGENT NEED!

For more information contact: Assemblyman Thiele's Office (631) 537-2583 or *thielef@nyassembly.gov*

Bring <mark>Donor Card or ID.</mark> 6 – 75 (76 with a doctors not

Age 16 – 75 (76 with a doctors note) Minimum Weight: 110lbs.

No New Tattoos for past 12 months.

Eat well and drink plenty of fluids before and after donating.

For questions concerning medical eligibility:

www.nybc.org | 1-800-933-2566



