



**YOU DON'T  
HAVE TO  
FIGHT ALONE**

Assemblyman  
**Joe DeStefano**



IF YOU'RE CONCERNED THAT  
**A LOVED ONE**  
MAY BE ABUSING DRUGS, HERE  
ARE SOME WARNING SIGNS:

- Bloodshot eyes
- Weight loss or weight gain
- Skipping school
- Withdrawal from family and friends
- Mood swings
- Loss of interest in hobbies
- Deceptive behavior

WHEN TALKING TO  
**A LOVED ONE**  
ABOUT SUSPECTED  
DRUG ABUSE, DO NOT:

- Bribe, preach, or punish
- Give an ultimatum
- Enable their drug addiction
- Speak negatively
- Blame yourself
- Give up

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# HELPING AND HEALING

Many of us have been affected by the hardships of a loved one struggling with addiction.

That's why Joe has sponsored and helped pass legislation to help combat drug abuse and the opioid crisis:

- Provides insurance coverage for detoxification and rehabilitation services (A.5834).
- Gives physicians flexibility to prescribe opioids to help reduce the amount of unused opioids by removing co-pays for refills (A.6139).
- Improves living conditions of sober homes (A.6412).
- Creates educational tips on how to keep teens safe and healthy (A.1039).
- Enables family members to help by giving them tools through the court (A.5742).
- Voted YES to provide \$211.6 million to address the opioid epidemic (A.2003-D).



**HELP IS AVAILABLE FOR YOU OR YOUR LOVED ONE.**

Seafield Center: ..... **800-448-4808**

Suffolk County  
Substance Abuse Hotline: ..... **631-979-1700**

Long Island Prevention  
Resource Center at ..... **631-650-0135**  
or ..... <http://www.liprc.org/>

**PLEASE CLIP AND SAVE THIS INFORMATION.**



Assemblyman  
**Joe DeStefano**

If you have questions on this or any other state issue, contact Assemblyman DeStefano at:  
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