

## Give with heart

in honor of **American Heart Month**



**Port Washington Fire  
Department**  
**Monday, February 17<sup>th</sup>**  
**2:30pm – 7:00pm**  
**Flower Hill Hose Co., 12 Haven Ave.**

### Prepare to donate



Eat well  
and hydrate



Bring a  
photo ID



Feel good and  
symptom free



Must be 17+ or  
16 with parental  
consent form



Meet minimum  
weight requirements

For full eligibility requirements  
and COVID-19 information, visit  
[nybc.org/eligibility](https://nybc.org/eligibility).

To make an appointment [click here](#)  
or scan QR code and type **05674**

