



**Assembly Member Rebecca Seawright and the  
Alzheimer's Foundation of America Present**

# **BRAIN HEALTH & WELLNESS**

A presentation, free and open to the community. Staff from the Alzheimer's Foundation of America will provide insight into the difference between normal age related changes in the brain and dementia related illness. Learn how to engage with your doctor about brain health concerns, current treatments for cognitive impairment, and steps to best maintain your overall brain health and wellness.

**Friday, May 11, 2018  
10am-12pm**

**Presentation (10am-11am) and Memory Screenings (11am-12pm)  
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