

November 22, 2019

# Rebecca Seawright



Dear Neighbor,

*This week it was my pleasure to join New York State Comptroller Thomas DiNapoli to discuss our priorities for the upcoming legislative session. We look forward to building momentum in the coming weeks to pass an Equal Rights Amendment for our New York State Constitution, legislation to diversify corporate boards in our state, and continue to push for our popular jury "retirement" bill to give people over age 70 the opportunity to opt out of local jury service.*

*As tax season is around the corner, consider cleaning out some of your old documents and head to the shred-a-thon at the 92nd Street Greenmarket. This is the last one for the season!*

*Please join us at any of the upcoming events I am pleased to sponsor:*

***Upper East Side Shred-a-Thon***

*Sunday, November 24, 10am - 2pm  
92nd Street Greenmarket on 1st Avenue  
(91st/92nd Streets)*

***Tuesday Knitting Social***

*Tuesday, November 26, 2pm-4pm  
Community Office  
1485 York Avenue  
(78/79 Streets)*

***Tuesday Housing Legal Clinic***

*Tuesday, December 3, 4pm  
Community Office  
1485 York Avenue  
(78/79 Streets)*

*Stay up-to-date on community happenings by checking my [website](#), or by following me on [Twitter](#) and [Instagram](#), and by liking my [Facebook](#) page. If our office may be of service, remember that we are just a call, email or visit away!*

*Sincerely,*

*Rebecca*



[Click to Visit Our Website](#)

# Seawright Interviewed by Comptroller DiNapoli on Manhattan Neighborhood Network (MNN)

## Outlines Session Agenda and District Accomplishments on Represent NYC



MNN El Barrio Firehouse Community Media Center was host to the Represent NYC show where Comptroller DiNapoli interviewed Seawright on her progress and priorities in the Assembly. Seawright said "this session has been a historic one with the signing of the strongest tenant protections in New York state's history and the signing of the Reproductive Health Act increasing protections for women and reproductive health."

Additionally, she spoke about the women's website bill to track women in policy making positions, signed into law this year, Seawright shared "In my own district we are having issues with diversity on the RIOC board of directors, a board which critical to the governance of Roosevelt Island. As such, we must have a board representative all islanders including the women."



## Seawright Speaks to Community Board 8



At the November meeting of Community Board 8 on Wednesday, November 20 Assembly Member Seawright let neighbors know about her election reform legislation signed into law by the governor, about her questions posed to the MTA Chairman regarding F Train Service and M31 bus service in light of anticipated increased ridership after the opening of the new Memorial Sloan Kettering facility. She invited constituents to come to Albany during the session, beginning in January, to advocate for the issues and concerns that are most important to them including congestion pricing and universal healthcare.

## Give Back This Holiday Season In Our Community!

The holidays are a joyous time to spend with friends, family and loved ones and reflect on all that we have to be thankful for. Unfortunately, there are many New Yorkers who struggle to make ends meet and don't know where their next meal will come from. As we prepare for the upcoming holiday season, it is important to remember those in our community facing food insecurity and think about what we can do to make their holidays a bit brighter.

The Assembly took action to combat poverty and fight for the struggling families in our communities. Earlier this year, we passed a state budget that provides \$4.5 million for the Empire State Poverty Reduction Initiative to continue its work reducing inequality and lifting New Yorkers up. The budget also includes \$2.3 million to ensure eligible students don't have to pay for reduced-priced meals so that they can focus on their studies – not hunger pains.

**In our neighborhood, there are ways to help families with access to healthy food, such as supporting local food banks and soup kitchens with donations and volunteering.**

#### **Holy Trinity Neighborhood Center Thanksgiving Dinner**

<https://htnycnyc.org/thanksgiving-dinner/>

Church of the Holy Trinity and St. Joseph's Church provides Thanksgiving Day Outreach in our community. Each year they deliver over 250 complete Thanksgiving dinners to our home bound neighbors.

Please email [chtforthanksgiving@gmail.com](mailto:chtforthanksgiving@gmail.com) with your interest and availability to volunteer.

#### **St. James Church, 865 Madison Avenue**

Tuesday Lunch Program volunteers serve each week in two shifts: 9:00 - 11:30 a.m., and 11:30 a.m. - 1:00 p.m. Volunteers are especially needed for the second shift, to greet and serve the guests, and wash dishes. Email [sferrer@stjames.org](mailto:sferrer@stjames.org) to volunteer.

Friday Dinner Program volunteers serve 5:30 - 8:30 p.m. once a month on rotating teams. The meal is served on Friday evenings from September through June. Email [fstf305@att.net](mailto:fstf305@att.net) to volunteer.

#### **The Urban Outreach Center of NYC, 921 Madison Avenue**

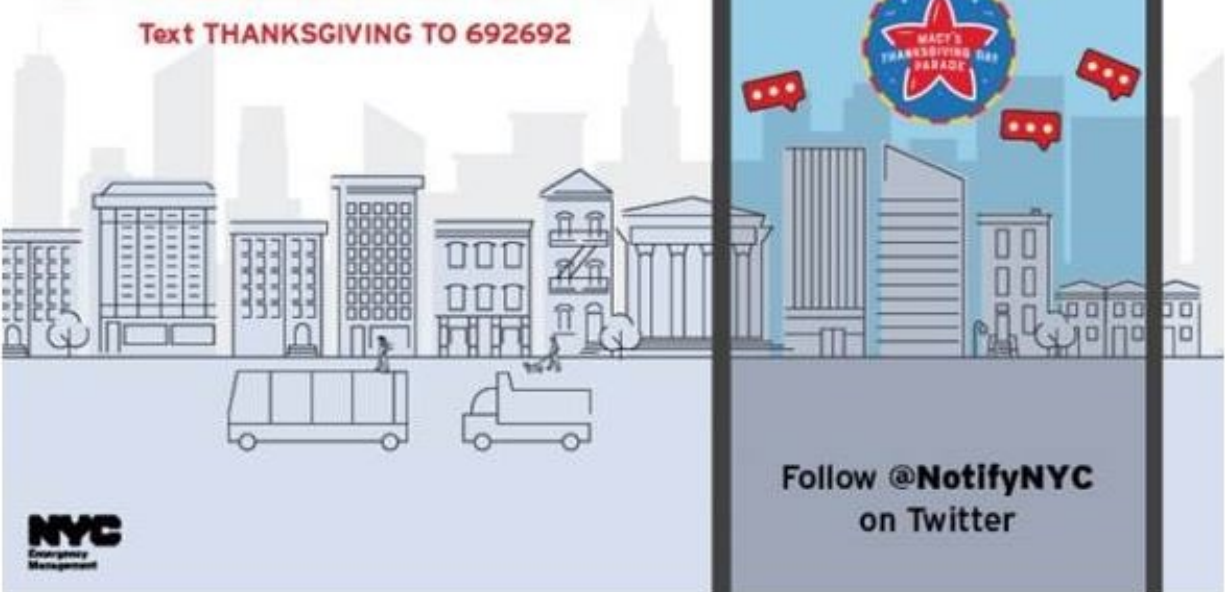
Operating out of Madison Avenue Church, the center is feeding 125-180 people each Tuesday night. They also have a clothing distribution and are in critical need of men's winter clothes. Please call (212) 288-6743 or email [Info@UOCNYC.org](mailto:Info@UOCNYC.org) to volunteer.

## Thanksgiving Notices

## Parade Updates

# GET FREE ALERTS

Text THANKSGIVING TO 692692



Text **THANKSGIVING** to **692692** to receive important updates about the 2019 Macy's Thanksgiving Day Parade and Balloon Inflation event

More than 3.5 million spectators are expected to attend the 93rd annual Macy's Thanksgiving Day Parade, which kicks off at 9 a.m. on Thursday, November 28, stretching 2.5 miles through the city streets from 77th Street and Central Park West to 7th Avenue and 34th Street.

## Upcoming Events

# SHRED-A-THON

## 2019 FALL EDITION



Assembly Member  
Rebecca Seawright



Council Member  
Keith Powers



Council Member  
Ben Kallos

**Sunday, November 24**

**10:00am - 2:00pm**

**92nd Street Greenmarket  
(on First Avenue Between  
92nd/93rd Streets)**



Office of Assembly Member Rebecca Seawright, 212-288-4607

Office of Council Member Keith Powers, 212-818-0580

Office of Council Member Ben Kallos, 212-860-1950



**Assembly  
Member  
Rebecca  
Seawright**

# **TUESDAY KNITTING SOCIAL**

JOIN NEIGHBORHOOD KNITTERS  
FOR CRAFTING AND  
CONVERSATION

EVERY OTHER TUESDAY  
**2PM-4PM**

**COMMUNITY OFFICE OF  
ASSEMBLY MEMBER  
REBECCA SEAWRIGHT  
1485 YORK AVENUE  
(78/79 STREETS)**

ALL SKILL LEVELS WELCOME  
BRING YOUR OWN  
SUPPLIES

Contact the Office of Assembly Member  
Rebecca Seawright  
Call: 212.288.4607  
Email: [SeawrightReNYAssembly.gov](mailto:SeawrightReNYAssembly.gov)



**ASSEMBLY MEMBER**

**REBECCA A. SEAWRIGHT**



# HOUSING LEGAL CLINIC

**TUES. DECEMBER 3**

**EVERY OTHER TUESDAY  
AT 4:00 PM  
ATTORNEYS FROM THE LAW  
OFFICES OF GRIMBLE &  
LOGUIDICE, LLC WILL PROVIDE  
ADVICE ON HOUSING-RELATED  
MATTERS FOR CONSTITUENTS OF  
THE 76TH ASSEMBLY DISTRICT**

**Get help navigating the  
housing court process,  
responding to notices,  
dealing with threat of  
eviction, getting repairs  
from negligent  
landlords, and  
advocating for your  
rights as a tenant in  
New York City!**

**DISTRICT COMMUNITY OFFICE OF  
ASSEMBLY MEMBER  
REBECCA A. SEAWRIGHT  
1485 YORK AVENUE  
(78/79 STREETS)**

**CALL: 212-288-4607**

**EMAIL:**

**SEAWRIGHTR@NYASSEMBLY.GOV**

The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord-tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.



# Free Flu Shots

at Lenox Hill Hospital



## When:

**Thursday, December 5<sup>th</sup>**  
1:00 – 4:00pm

**Tuesday, December 10<sup>th</sup>**  
4:00 – 7:00pm

## Where:

Hearth Room  
130 E 77th Street  
New York, NY 10075

This event is funded by Lenox Hill Hospital and co-hosted by the following:

- Manhattan Borough President Gale Brewer
- City Council Member Keith Powers
- Senator Liz Krueger
- Assemblymember Rebecca Seawright
- City Council Member Ben Kallos
- Congresswoman Carolyn Maloney
- Assemblymember Dan Quart

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For more information, please contact Katie Greer at [cgreer1@northwell.edu](mailto:cgreer1@northwell.edu) or 212-434-2751

Must be 18+ years old.



**Lenox Hill Hospital**  
Northwell Health®

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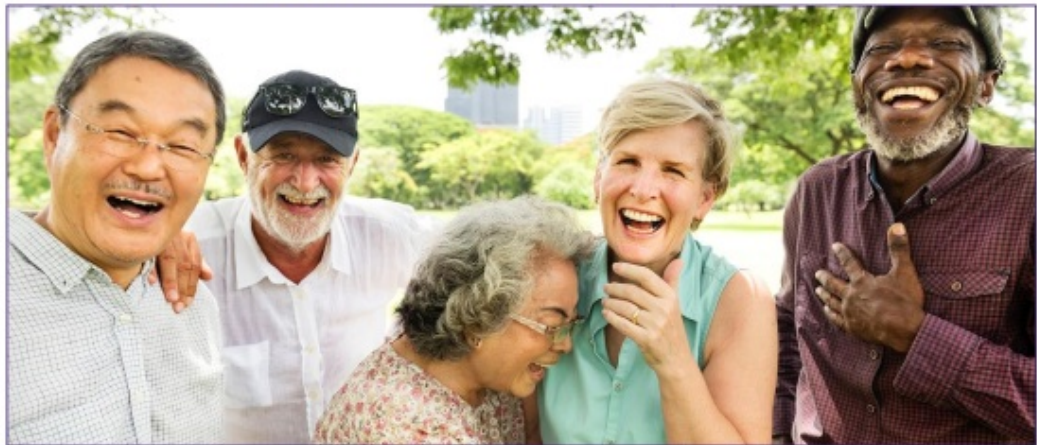


# Liz Krueger

STATE SENATOR | 28th District



## Roundtable for Boomers & Seniors



What do we need to live well as we get older? Learn about ways to improve the lives of older New Yorkers, and share your thoughts about what would make NYC more age friendly.

### Living Well as We Age in the Community: Five-Part Boomer & Senior Roundtable Series

8:30am – 10:30 am  
Lenox Hill Neighborhood House  
331 East 70<sup>th</sup> Street (btwn 1st & 2nd)

### Session II: The Impact of Hearing Loss Thursday, December 12<sup>th</sup>

33% of individuals 65 and older and 66% of those 75 and older have hearing loss. Delaying treatment puts older adults at greater risk of dementia, falls, and social isolation. Learn about the emotional impact of hearing loss, technologies to improve your hearing, how you can advocate for yourself, and how to enjoy New York City's cultural life despite hearing loss.

- Katherine Bouton, Hearing Loss Association of America – NYC Chapter
- Carol Karasick, Hearing Loss Association of America – NYC Chapter
- Carolyn Stern, Center for Hearing and Communication
- Jeff Wax, LCSW-R, Baker Family Emotional Health and Wellness Center

2019-2020 Roundtable Calendar:

- Technology Can Work for Older Adults  
Thursday, March 5<sup>th</sup>
- Living Well vs. Living Forever  
Thursday, April 2<sup>nd</sup>
- Working Across Generations  
Thursday, May 7<sup>th</sup>

PLEASE RSVP at [www.tinyurl.com/SeniorRoundtable12-12-19](http://www.tinyurl.com/SeniorRoundtable12-12-19) or by phone at 212-490-9535.