





Dear Friends and Neighbors,

Chag Sameach to all those celebrating Shavuot! We wish you a fruitful and joyous holiday.

This Memorial Day may we never forget those who made the ultimate sacrifice for our freedom. Enjoy the day with your loved ones, and don't forget to think about those who served and sacrificed. Our community office will be closed in observance of the legal holiday on Monday, May 29 and will re-open at 9:30am on Tuesday, May 30.

Tennessee State Representative Justin J. Pearson was one of the "Tennessee Three" who stood up in the "people's house" in protest of gun violence. He was one of two Black men removed from the legislature for their actions. After being reinstated, he continues to stand up to discriminatory and anti-democratic attacks. We are so proud he visited the New York State Assembly, the "people's house" in Albany.

As Chair of the People With Disabilities Committee, I co-hosted a roundtable with my colleagues to address the youth in crisis who are facing long term stays in their local hospital emergency rooms. The conversations have only begun about this issue and we look forward to coordinating with agencies to ensure comprehensive evaluation of patients and wraparound services to help these youths find appropriate placement. This week, we held the second in a series of rent freeze clinics at the community office. Rent increases are looming for New York City's rent stabilized tenants. If you are a rent stabilized senior citizen or person with a disability, please check your eligibility for the Senior Citizen Rent Increase Exemption (SCRIE) or the Disability Rent Increase Exemption (DRIE) programs.

Enclosed in this report you will find resources connecting you with State services including the HEAP cooling benefit, the Excelsior Scholarship Program for graduating high school seniors, New York State's Job bank "JobZone" and more. Additionally, see the notices about upcoming events like concerts and movies in the park.

Please don't hesitate to reach out if we can be of assistance.

Phone: 212.288.4607 Email: SeawrightR@NYAssembly.gov

Sincerely,

Rebecca Q, Seawalt

REBECCA A. SEAWRIGHT

Seawright Thanks Tennessee Rep. Pearson For Standing Up Against Gun Violence



Rep. Pearson visited Albany and was welcomed to the Assembly floor, the People's House. I commended Rep. Pearson for his courage as he and the "Tennessee Three" demanded real action on gun violence in the wake of the Covenant school shooting in Nashville.

Seawright Co-Hosted A Youth In Crisis Roundtable To Address Longterm Stays For Children In Emergency Departments



Assembly Member Rebecca Seawright, Chair of the People With Disabilities Committee along with her colleagues Assembly Members Marianne Buttenshon, Aileen Gunther, Chair of the Committee on Mental Health, Andrew Hevesi, Chair of the Committee on Children and Families, co-hosted a Youth In Crisis Roundtable.

The rountable attended by representatives from the State Department of Education, the Office for People with Developmental Disabilities, New York State Office of Mental Health and the New York State Office of Children and Family Services was developed as a result of meetings with local providers, school leaders, and agencies regarding the crisis of local youth having long term stays in hospital emergency departments.

Discussions included safe living for youth, fulfilling the need for wrap-around services, providing targeted programs for in-crisis youth as well as early intervention preventative

measures and mental health services. It was determined that there are further needs for safe living and supportive services.

Community Office Hosted Rent Freeze Clinic To Help Neighbors Afford To Stay In Their Homes



How To Freeze Your Rent

Our office hosted the second of a series of rent freeze clinics for senior citizens and people with disabilities.

Call 212.288.4607 or email SeawrightR@nyassembly.gov for more information on the rent freeze program in New York City.

The NYC Rent Freeze Program, which includes the Senior Citizen Rent Increase Exemption (SCRIE) Program and the Disability Rent Increase Exemption (DRIE) Program, helps those eligible stay in affordable housing by freezing their rent. Under this program, a property tax credit covers the difference between the actual rent amount and what you (the tenant) are responsible for paying at the frozen rate.

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Rise Up With Rebecca Seawright To Feature Director of Inclusive and Adaptive Sports Coach Ryan Martin On Tuesday, May 30





Join New York State Assembly Member Rebecca Seawright for her monthly television broadcast with array of special guests. Watch the last Tuesday of each month at 8pm and first Sunday of each month at 6pm on MNN (Spectrum 34, 1993, 1995, RCN 82, FiOS 33).

Thank You To Our Birch Wathen Lenox School Student Intern Tatyana Berger



Tatyana Berger completed her internship with the Office of Assembly Member Rebecca Seawright where she helped with community affairs events like street and block fairs, and constituent services. She is headed to Georgetown this fall!

Consider Our Office A Resource!



The Excelsior Scholarship, in combination with other student financial aid programs, allows students to attend a SUNY or CUNY college tuition-free. The program covers tuition for eligible SUNY and CUNY students. For the 2023-24 academic year, families who earned \$125,000 or less are eligible to apply.

Department of Sanitation Service Alert



The New York City Department of Sanitation <u>will collect trash and compost</u> on Memorial Day as it would on a normal Monday, and recycling will follow on Tuesday.

Residents who normally receive Monday trash and composting collection should put their material at the curb Sunday evening, for collection on Monday, May 29.

Residents who normally receive Monday recycling collection should put their material at the curb Monday evening for collection starting Tuesday, May 30.







SIGN UP TO RECEIVE OUR UPDATES

Share this email with your friends and neighbors. The link to sign up for our updates can be found <u>here</u>.



Apply for Heating and Cooling Assistance (HEAP)

New Yorkers can apply for heating and cooling assistance under the Home Energy Assistance Program.

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New York State JobZone

An interactive resource to help you manage your career.

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COVID-19 Booster Doses

Anyone can get COVID-19 and feel sick, but some people are at high risk for serious illness and even death, especially based on the following factors: age, underlying health conditions, and race/ethnicity. To learn more about risk factors and how they may affect you, visit our COVID-19 Risk Factor webpage.

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News You Can Use



Mayor Adams Announces Launch of new Program for Older New Yorkers who

Want to Work

Program to Provide Older Adults with Training for In-Demand Industries. New York City Mayor Eric Adams and New York City Department for the Aging Commissioner Lorraine Cortés-Vázquez today announced the launch of 'Silver Corps' - a new workforce development pilot program for older New Yorkers that will increase financial mobility among older adults, combat ageism in the workforce, and fill employment needs in local communities.

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To Stay Or To Go? What the Future Holds for NYC Outdoor Dining Sheds

What was born out of necessity during the COVID pandemic has become a boon for restaurants across New York City. Now outdoor dining sheds may be here to stay - for most of the year, at least.

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White House lays out first-ever national strategy to combat antisemitism

President Joe Biden unveiled his administration's new "whole of society" plan to combat antisemitism, which he called the "most ambitious and comprehensive US government-led effort to fight antisemitism in American history."

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Upcoming Events





Community Tables & More!

HEALTH, WELLNESS AND DISABILITIES FAIR

VENDORS

114 PRECINCT CRIME PREVENTION OFFICER ACCES-VR- TRANSITION AND VOCATIONAL SERVICES ALZHEIMER'S ASSOCIATION NYC AMERICAN HEART ASSOCIATION **ASSURANCE WIRELESS** CARE NYC COMMISSION OF HUMAN RIGHTS EPILEPSY FOUNDATION OF METROPOLITAN NEW YORK (EFMNY) EPRA FIDELIS FOOD BANK- SNAP & NUTRITION HEALTHFIRST HEARING LOSS ASSOCIATION OF AMERICA INCARE LEAN ON ME SENIORS LIVES MATTER TOO LUPUS FOUNDATION OF AMERICA, NYC MANHATTAN CONNECT MAYORS OFFICE FOR PEOPLE WITH DISABILITIES NYP/W CORNELL/ENT NYPL NYRR OFFICE OF MENTAL HEALTH RIRA COMMUNITY EMERGENCY COMMITTIEE SHARE (CANCER) SLOAN KETTERING VISIONS **VNSNY HEALTH**

LOCAL ELECTED OFFICIALS

- Liz Krueger
- Mark Levine
- Rebecca Seawright

FITNESS DEMOS

- 10:30 Strength and Stretch with NYRR Grace and Sid
- 11:30 Mindful Meditation & Chair Yoga with Jax Schott
- 12:15 Standing Pilates Stretch with Barbara Parker





THURSDAY, JUNE 15, 2023 1030-1PM GOOD SHEPHERD PLAZA



Movies Under the Stars

St. Catherine's Ball Field

Saturday, May 27, 2023

Dune

Grab a blanket and come enjoy a movie in your neighborhood ball field!

This spring, NYC Parks will host family-friendly movies.

Movies will begin at dusk. Estimated start time is approximately 7:30 p.m.

This event is sponsored by Council Member Julie Menin.

St. Catherine's Park - 1245 1st Ave., New York, NY 10065

Thomas Ristenpart: Mitigating Technology Abuse in Intimate Partner Violence

with Cornell Tech



Thursday, June 1, 2023 6:30 pm Bloomberg Center CornellTech, 2 West Loop Road, NY, NY 10044

Conversat

light refreshments served

Questions? Contact Jane.Swanson@cornell.edu

CONVERSATION

As our lives becomes increasingly reliant on digital technologies such as smartphones, email, and social media, the threat of their being used against us looms large. In this talk, Thomas Ristenpart will discuss a context where weaponization of technology against people is tragically routine: intimate partner violence (IPV).

Ristenpart is part of a research group that has studied the role technology plays in IPV situations. Via interviews with survivors and support professionals, online measurement studies, and investigation of malicious software tools purpose-built for abuse, they have documented how abusers exploit technology to control, harass, stalk, and otherwise harm their current or former partner. To help survivors, they work with technology companies and lawmakers to affect positive changes and, more directly, have put into practice a new interventional approach that they call clinical computer security. Their **Clinic to End Tech Abuse** works in partnership with the New York City Mayor's Office to End Domestic and Gender-Based Violence to help survivors navigate technology abuse and, ultimately, empower their use of technology. This talk will cover joint work with a large number of collaborators and clinic volunteers.



ABOUT THOMAS

Thomas Ristenpart is an Associate Professor at Cornell Tech and in the Computer Science Department at Cornell University. Before joining Cornell Tech in May 2015, he spent four years as an Assistant Professor at the University of Wisconsin-Madison. His research spans a wide range of computer security topics, with a recent focus on cloud computing security, as well as topics in applied and theoretical cryptography. His work has been featured in numerous publications including the New York Times, The MIT Technology Review, ABC News, and U.S. News and World Report. He completed his Ph.D. at UC San Diego in 2010.His awards include the UC San Diego Computer Science and Engineering Department Dissertation Award, an NSF CAREER Award, the Best Paper Award at USENIX Security 2014, and a Sloan Research Fellowship.



Register here for the Cornell Tech Community Conversations







METROCARD BUS STOPS HERE (79/York): WED. 6/7, 6/21 IO:OOAM- I2:OOPM

REFILL YOUR METROCARD

APPLY FOR REDUCED FARE

CASH ONLY



Manhattan Community Board 8 Calendar

The Manhattan Community Board 8 (CB8M) represents the Upper East Side of Manhattan and Roosevelt Island. CB8M is comprised of 50 volunteer members who serve as advocates and service coordinators for the community and its residents, as well as help citizens resolve municipal service delivery complaints.

CB8M reviews and makes recommendations on various issues, including applications for Zoning Text Amendments, building variances and special permits, liquor licenses, sidewalk cafes and street fairs, changes to landmarked buildings or buildings in historic districts, traffic and transportation issues, and more.

Each month, CB8M committees meet to discuss and resolve issues in the community.

Full Board Meeting - 3rd Wednesday Land Use Committee - 2nd Wednesday Street Life - 1st Tuesday Transportation - 1st Wednesday Housing - 1st Thursday Parks - 2nd Thursday Landmarks - 3rd Monday Social Justice - 4th Monday Zoning and Development - 4th Tuesday Youth and Education - 4th Thursday

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Transportation Updates

NYC Ferry Summer Schedule



The new NYC Ferry Summer & Holiday Schedule changes will go into effect beginning Monday, May 22, 2023.

Everything you need to know about the upcoming service changes:

- Rockaway Memorial Day Week Schedule observed May 22 29
- Rockaway Shuttle Bus Memorial Day Week Schedule observed May 22 29
- Summer Schedules for all routes in effect starting May 22
- Weekend Governors Island Shuttle Service direct from Wall St resumes May 27 (Summer Weekends and Holidays NYC Ferry serves Governors Island by a direct shuttle from Pier 11 only. NYC Ferry Riders can transfer from the South Brooklyn Route to the Governors Island Shuttle at Wall St/ Pier 11. Governors Island will remain on the South Brooklyn Route on weekdays)
- All Routes will observe Weekend Schedule on Memorial Day, Monday, May 29
- Rockaway Summer Schedule changes begin May 30
- Rockaway Shuttle Bus Schedule changes begin May 30
- South Brooklyn Weekday Schedule changes begin May 30

Click to preview & download the new schedule to plan your trip accordingly.

Queens bound F-Train MTA Alert

Due to scheduled MTA work there will be no Queens bound F-Trains from Manhattan to Roosevelt Island starting Friday, May 26th at 11:45PM to Tuesday, May 30th at 5:00 AM (F-Train service from Roosevelt Island to Manhattan will remain on a normal schedule). To help accommodate Roosevelt Island residents who are returning from Manhattan, RIOC's Transportation Department will be providing a Shuttle Bus to and from Manhattan from Saturday, May 27 - Monday, May 29, 2023.

The Roosevelt Island Shuttle Bus to Manhattan will start at 3:00 PM. The shuttle will depart hourly from the Tramway, making all northbound local stops to Capobianco Field (Opposite PS/IS 217).

Return Red Bus service from Manhattan to Roosevelt Island will start at 3:30 PM. This bus will depart on the half hour from the Southwest side of 2nd Avenue, between 58th & 59th Street, and will make all southbound local bus stops (starting with 591 Main Street) to the Tram.

The last trip will depart from the Roosevelt Island Tramway at 7:00 PM. The last trip will





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