

Rebecca Seawright

ASSEMBLYMEMBER



Dear Friends and Neighbors,

Today is the 33rd Anniversary of the signing of the Americans with Disabilities Act, prohibiting discrimination based on disability. Just this morning, I interviewed James Weisman who played a role in framing the Americans with Disabilities Act (ADA). Weisman helped craft United Spinal's lawsuits against the New York MTA and the Philadelphia transit authority, leading to improvements to bus and subway accessibility and the creation of a paratransit program. Stay tuned for the airing of Rise Up With Rebecca Seawright on Manhattan Neighborhood Network on Monday, July 31 at 8pm on MNN (Spectrum 34, 1993, 1995, RCN 82, FiOS 33). As Chair of the Assembly People With Disabilities Committee, I have been honored to join celebrations of the ADA with AHRC, Center for Independence of the Disabled New York, and CUNY Coalition for Students With Disabilities.

We had a great turnout of shredders at a no-cost paper shredding event on Sunday at 68 Street and First Avenue. Over 200 people attended to have their personal documents shredded to protect their identity in an environmentally friendly way.

Extreme temperatures are expected to hit NYC tomorrow. Stay safe and avoid strenuous activity during peak sunlight hours, stay hydrated, keep pets inside, and know the signs of heat illness. Visit nyc.gov/beattheheat for more information.

Please don't hesitate to reach out if we can be of assistance.

Phone: 212.288.4607

Email: SeawrightR@NYAssembly.gov

Sincerely,

A handwritten signature in black ink that reads "Rebecca A. Seawright". The signature is written in a cursive, flowing style.

REBECCA A. SEAWRIGHT

On July 26, 1990, the Americans with Disabilities Act was signed into law, outlawing discrimination based on disability. Every American deserves the right to live free of barriers and prejudice.



Seawright Speaks to Students at CUNY Celebration of the Americans With Disabilities Act



Assembly Member Rebecca Seawright addressed the CUNY Coalition for Students with Disabilities (CCSD) at CUNY's celebration of the Americans with Disabilities Act (ADA).



Charmaine Worthy Townsell, and other CUNY Coalition for Students With Disabilities (CCSD) leadership, Steven Kleinberg with Assembly Member Rebecca Seawright at the celebration.



CCSD student director with Seawright.



Seawright and Coach Ryan Martin, Director of CUNY Adaptive sports.

A Shredding Success!



Team Rebecca was ready for the paper shredding at 68 Street and First Avenue. Top row: Volunteer John McClement, Special Assistant Jacob Plottel, Intern Jordan Braha. Bottom row: Interns Adrian Berkovich and Meredith Cort.



Director of Community Affairs Madison Thomas helped constituents empty their bags and fill the bins for shredding. Michael Arena thanked Team Rebecca for making this resource available. Thank you to the Department of Sanitation workers who offered assistance.



Our neighbors brought carts, luggage and trolleys full of personal documents to be shredded.

Seawright Speaks at Community Board 8 Announcing the Launch of an Equal Rights Amendment Campaign



As the Assembly lead sponsor of the Equal Rights Amendment, Assembly Member Seawright shared an update on the campaign to educate voters about the State Equal Rights Amendment. She shared that we need a broad coalition of support to inform voters and raise awareness of the opportunity to vote on the Equal Rights Amendment statewide ballot measure in November 2024.

Community Board Meetings of the full board have returned in-person with the option to join on zoom. You can find the full schedule for the Board meetings [here](#).

Schneps Media Honors Assembly Member Rebecca Seawright for Her Advocacy for New Yorkers with

Disabilities and Championing the Equal Rights Amendment



Assembly Member Seawright is photographed here with fellow honoree, and animal rights activist Jean Shafiroff.

Consider Our Office A Resource!



Upcoming Mobile Constituent Service Hours

Tuesday, August 1 from 5pm-8pm at Saint Catherines Park at E. 68 St. and First Ave. - National Night Out



EXTREME HEAT ADVISORY



The National Weather Service issued a Heat Advisory for New York City starting this Thursday. The city is bracing for a sweltering wave of high heat index values from Thursday through Saturday, with the temperatures set to soar into the 90s across the boroughs. The most intense conditions are predicted to hit on Friday. The estimated heat index stands at 102 for Thursday, escalating to 103 on Friday, before cooling slightly but still at 99 on Saturday.



Plan for Hazards - Extreme Heat - NYCEM

Extreme heat is one of the most significant hazards facing New York City, and New Yorkers are especially vulnerable to extreme heat-related hazards during the summer months. Generally, extreme heat means temperatures that hover 10 degrees or more above the average high temperature, last for prolonged periods of time, and are accompanied by high humidity.

[Read More](#)

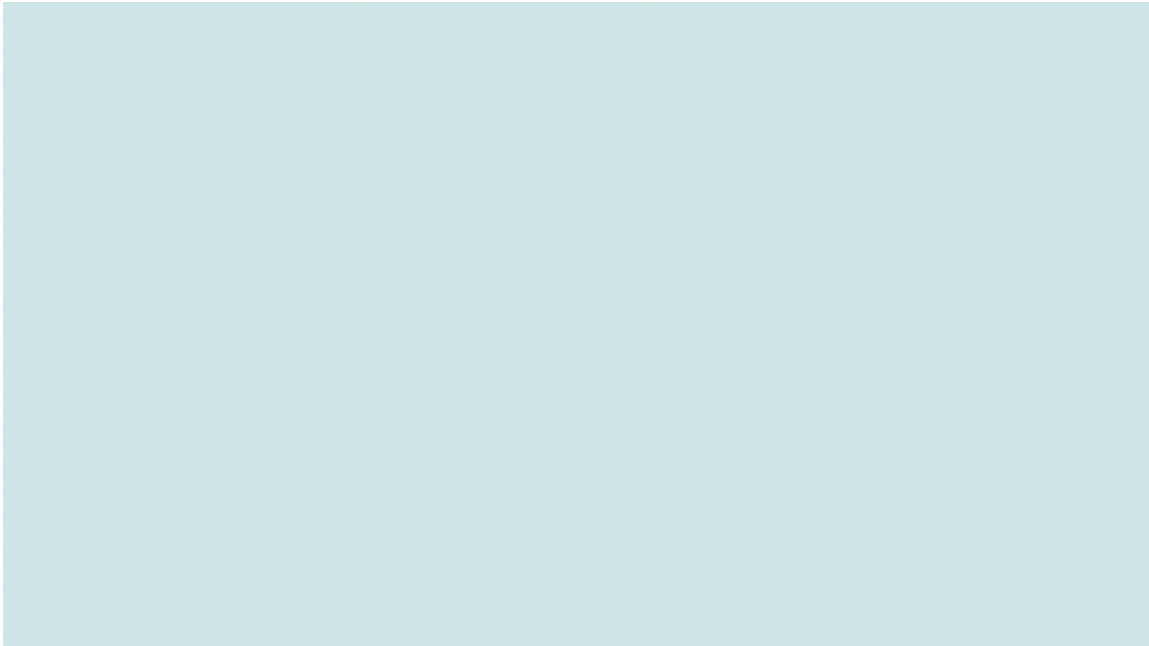
Check For Unclaimed Funds

Are you owed money?

**The New York state
comptroller's office has
billions of dollars of New
Yorkers' unclaimed funds.**

**Check to see if any lost
funds have your name on it!**

The NYS comptroller announced that the state currently holds over \$18.4 billion in unclaimed funds – money from dormant utility and bank accounts, uncashed checks, investment accounts, insurance claims, stocks and other inactive accounts. Visit <https://www.osc.state.ny.us/unclaimed-funds> to see if any of this money belongs to you.



Rebecca
Seawright
ASSEMBLYMEMBER



WEEKLY E-NEWS

SIGN UP TO
RECEIVE OUR
UPDATES

Share this email with your friends and neighbors.
The link to sign up for our updates can be found [here](#).



sanitation

OFFICIAL NOTICE

Food Businesses MUST Comply with New Rule to Fight Rats

As of August 1, 2023, food-related businesses that place trash out for collection **must use** lidded containers. Your waste is rat food — lock it up to keep them away.

Restaurants, grocery stores, delis, bodegas, caterers or other businesses that sell or handle food must comply.

Containers can be kept inside, outside along the building, or within three feet of the building line. Containers may be set out after 8 p.m. or an hour before closing. Ask your private carter what type of container they recommend, however, it **MUST** have a secure lid to keep rats out!

Your business is our partner in the war on rats. **Use a bin to keep the streets clean and avoid a fine.**



Visit nyc.gov/UseBins, call 311, or scan to learn more.

在此了解更多资讯 | Aprenda más | Mëso më shumë | ارتكأ فرعا | আর জানুন
Μάθε περισσότερα | Jwenn plis enfòmasyon | अधिकतम जानकारी प्राप्त करें | Per saperne di più
자세한 사항은 | узнать больше | عى ناع دى زم | רעם רעעל | Pour en savoir plus

Upcoming Events

Memorial Sloan Kettering Cancer Center
honors World Head and Neck Cancer Day

Free Head and Neck Cancer Screening

Thursday, July 27 • 9:00 a.m. to 12:00 p.m.

David H. Koch Center for Cancer Care at
Memorial Sloan Kettering Cancer Center
530 East 74th St, 17th Floor, New York, NY 10021

NO APPOINTMENT NECESSARY. For more information, call 646-497-9161

What is head and neck cancer?

This type of cancer can occur in the nasal passages, mouth, throat, or voice box. Thousands of people are newly diagnosed with head and neck cancer each year. Many of them can be cured. The best chance for a cure is when the cancer is found early.

What are the warning signs?

- a lump in the neck lasting more than two weeks
- a persistent sore or growth in the mouth or throat
- a lasting change in the voice
- frequent nose bleeds
- ongoing nasal congestion
- constant earaches
- bloody phlegm lasting several days
- problems swallowing

What does a screening involve?

- In the exam, a specialist will look for signs of head and neck cancer.
- Resources will also be provided on quitting tobacco, nutrition, and vaccination against human papillomavirus (HPV).

Who should be screened?

Adults who have noticed any of the warning signs of head and neck cancer, **and/or** who have a history of:

- smoking
- drinking alcohol
- chewing tobacco
- exposure to human papillomavirus (HPV)
- excessive exposure to the sun (sunburns)
- radiation to the head and neck area



Memorial Sloan Kettering
Cancer Center

Sign up to receive additional
MSK news for the community at
mskcc.org/CommunityNews



Roosevelt Island
Operating Corporation

PRESENTS

SUMMER MOVIE SERIES

ILLUMINATION PRESENTS

minions THE RISE OF GRU

SOUTH POINT PARK
JULY 28TH
EVENT START: 6:00PM
MOVIE START: SUNSET





ST. CATHERINE'S PARK
1ST AVE & 67TH/68TH ST

TUESDAY
AUGUST 1
5-8 PM

FREE TO ATTEND! COME & ENJOY: POP-UP BARE CLASS AT 6PM



SPECIAL THANKS TO:





NYC Summer Streets
An Open Streets Initiative

Saturdays, August 5, 12, 19

7am - 1pm

This year, NYC DOT's Summer Streets will open nearly 20 miles of car-free streets to pedestrians, cyclists, and joggers through out the five boroughs. In Manhattan, the route runs along Brooklyn Bridge to West 125 Street. Attendees will be able to enjoy free fitness classes, cultural performances, and family-friendly activities along the route and at rest stops.

Street Access for Motor Vehicles

Park Avenue, north of 125 Street, and adjacent avenues will remain open to motor vehicles.

- | | | |
|-------------------|-------------|--------------|
| • Chambers Street | • 34 Street | • 66 Street |
| • Leonard Street | • 35 Street | • 72 Street |
| • Canal Street | • 36 Street | • 76 Street |
| • Broome Street | • 37 Street | • 77 Street |
| • Houston Street | • 42 Street | • 79 Street |
| • 8 Street | • 49 Street | • 84 Street |
| (Bus Only) | • 50 Street | • 86 Street |
| • 9 Street | • 53 Street | • 96 Street |
| • 10 Street | • 54 Street | • 97 Street |
| • 14 Street | • 57 Street | • 102 Street |
| • 23 Street | • 59 Street | • 106 Street |
| • 30 Street | • 60 Street | • 116 Street |
| • 31 Street | • 65 Street | |

Brooklyn Bridge Access

- Vehicles going to Manhattan: Motorists will be diverted from Centre Street Exit to either FDR Drive or the Park Row South Exits.
- Vehicles going to Brooklyn: All entrances to the Brooklyn Bridge will be accessible, including Chambers Street, Park Row North, Pearl Street and the FDR Drive.

(continued on back)



THURSDAY, AUGUST 10, 6-8pm
(WEATHER PERMITTING)

Lulada Club Salsa Band



Evenings ON THE Esplanade

ANDREW HASWELL GREEN PARK
60TH ST & THE EAST RIVER WATERFRONT

Live Music



SPONSORED BY

**FRIENDS
OF THE
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OF THE
ESPLANADE**

60th Street &
The East River
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Esplanade

 EsplanadeFriends.org
 EastRiverEsplanade@gmail.com
 [/EsplanadeFriends](https://www.facebook.com/EsplanadeFriends)
 [@EsplanadeFriend](https://www.instagram.com/EsplanadeFriend)



 SCAN ME



METROCARD BUS

Relocated to 79th street between York
and East End:

WED. 8/2, 8/16

10:00AM- 12:00PM



Manhattan Community Board 8 Calendar

The Manhattan Community Board 8 (CB8M) represents the Upper East Side of Manhattan and Roosevelt Island. CB8M is comprised of 50 volunteer members who serve as advocates and service coordinators for the community and its residents, as well as help citizens resolve municipal service delivery complaints.

CB8M reviews and makes recommendations on various issues, including applications for Zoning Text Amendments, building variances and special permits, liquor licenses, sidewalk cafes and street fairs, changes to landmarked buildings or buildings in historic districts, traffic and transportation issues, and more.

Each month, CB8M committees meet to discuss and resolve issues in the community.

Full Board Meeting - 3rd Wednesday

Land Use Committee - 2nd Wednesday
Street Life - 1st Tuesday
Transportation - 1st Wednesday
Housing - 1st Thursday
Parks - 2nd Thursday
Landmarks - 3rd Monday
Social Justice - 4th Monday
Zoning and Development - 4th Tuesday
Youth and Education - 4th Thursday

[Read More](#)

[{View as Webpage}](#)



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