



Dear Friends and Neighbors,

My thoughts and heart are with the family of Cecile Richards who passed away on January 20, 2025. She was an indomitable force advocating for women's health and reproductive rights at Planned Parenthood. We are forever grateful for her lifetime of work defending our freedoms.

This week in the Assembly, we passed a legislative package supporting reproductive health care protections in New York on the anniversary of Roe v. Wade. I will always work to safeguard the right to choose and fight against those who seek to undermine our autonomy and freedom.

Community Board applications are now open! Apply to the Manhattan Borough President's Office to make your voice heard in our community. Enclosed in this report are details on how to apply.

As always, please consider our office your resource.

Phone: 212.288.4607

Email: SeawrightR@NYAssembly.gov

Sincerely,

REBECCA A. SEAWRIGHT

Assembly Member Rebecca Seawright Cosponsors and Strongly Supports Legislation Bolstering Reproductive Health Care Protections in New York on the Anniversary of Roe v. Wade

New York State is a leader in protecting reproductive freedoms and women's rights, which is now more important than ever after the leadership change at the federal level. We must remain vigilant as we have already seen new attacks on these rights emerge. That's why we are taking immediate action.

Personal health materials are often accessed by third parties and sold. This allows private information, such as location data from visits to reproductive health centers or domestic violence shelters, and details from health apps like period trackers, which are to be shared without a person's knowledge. To tackle this threat, we passed legislation to strengthen protections for New Yorkers' privacy and health information regarding online health materials (A.2141). The bill would allow New Yorkers to reclaim and retain control of their data and prohibit online services from sharing personal data without affirmative consent.

Unfortunately, our neighbors in other states are often not afforded the same reproductive protections that New Yorkers are granted. We must do all we can to help them. That's why we passed a bill to help protect doctors who care for patients from other states. This legislation would allow prescription labels for medications like mifepristone, which can be used for medication abortions, to be labeled with the name of the health care practice instead of the specific prescriber, protecting their identity (A.2145-A).

Safeguarding online health data and protecting reproductive health care doctors continues the Assembly Majority's commitment to supporting the well-being of women in New York. I will always work to safeguard the right to choose and fight against those who seek to undermine our autonomy and freedom.

Seawright Meets with the Assembly Legislative Aging Team



The team discussed the \$45 million proposal in the Governor's Executive Budget to eliminate waitlists for essential services from the New York State Office for the Aging and legislation to expand the Elderly Pharmaceutical Insurance Coverage (EPIC) program.

News You Can Use

Here's How To Join Your Local Community Board

Spill the tea on your neighborhood's needs.

Apply to join your Community Board.

Deadline: Feb 28, 2025



#GetOnBoard2025

MARK LEVINE
ASSEMBLY SENIOR POLICY DIRECTOR

boards are live now.

[Read More](#)

Consider Our Office Your Resource!

Community Leaders & Neighborhood Business Grants



A Community Leaders Grant is a microgrant given out to New Yorkers by CitizensNYC. CitizensNYC awards microgrants of up to \$5,000 to community-building projects carried out by resident-led groups to improve neighborhood life, strengthen local leadership, and scale community partnerships.

[Click here for more information](#)

Neighborhood Business Grant: Grants of up to \$5,000 for small businesses who are “doing well by doing good” in their neighborhood. These awards can provide funding to support the wide range of initiatives your business undertakes to positively impact your community, especially those that are custom-tailored to meet the local needs you see.

[Click here for more information](#)

**Rebecca
Seawright**
ASSEMBLY MEMBER

NO-COST SCREENING MAMMOGRAMS

The Mammogram Bus



American-Italian
CANCER FOUNDATION

**will be at our Community Office
1485 York Avenue**

**THURSDAY, APRIL 10, 2025
9:00am to 4:30pm**

For an appointment please call
212-288-4607

Eligibility:

Women age 40 to 75
Currently living in New York City
No Mammogram in the past 12 months

- No co-pays required and deductibles are waived
- Uninsured patients also welcomed
- Medical Services provided by Multi-Diagnostic Services

**Funded by a grant from the NYS DOH Cancer Services Program
Additional funding provided by the generous support of the JALBCA, NBCF,
NYC Council, NYC DOHMH, NYS Senate, MCHF,
RAR Foundation, and individual patrons.**



METROCARD BUS

STOPS HERE (79/YORK):

WED. 02/05 & 02/19

10:00 AM - 12:00 PM

REFILL YOUR
METROCARD

APPLY FOR
REDUCED FARE

CASH ONLY

Rebecca
Seawright
ASSEMBLYMEMBER

NO-COST NOTARY

Monday - Friday

10am-12pm

1485 York Avenue (78/79 Streets)



**ASSEMBLY MEMBER
REBECCA A. SEAWRIGHT**



HOUSING LEGAL CLINIC

EVERY OTHER TUESDAY

**EVERY OTHER TUESDAY
AT 3:30 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-
COST FOR CONSTITUENTS OF
THE 76TH ASSEMBLY DISTRICT**

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!



**SCAN ME TO
RSVP!**

**A VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE SESSION
WITH ATTENDEES.**

**RSVP REQUIRED:
CALL: 212-288-4607**

EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV

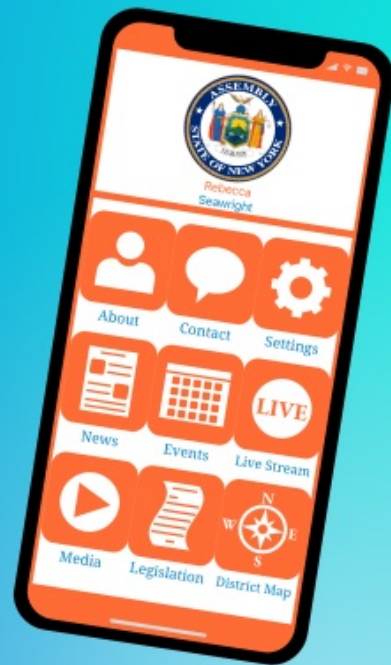
*The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord- tenant law.
The clinic does not guarantee a desired outcome and does not establish an attorney- client relationship.
Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.*

Assembly Member Rebecca Seawright's App is Live!

Stay Up-To-Date with the latest:

- News
- Events
- Legislation
- Livestream
- Media

Available on iPhone and iPad



Upcoming Events

RAISING HEART HEALTH FOR ALL WITH FREE SCREENINGS

Celebrate American Heart Month with Lenox Hill Hospital. Join us for a day of free health education and consultations with some of New York's top health care specialists.

Free screenings:

- Cholesterol/HDL
- Glucose
- Blood pressure
- Lung function

Free health education:

- Cardiovascular health
- Stroke risks, symptoms and treatment
- Diabetes
- Using a defibrillator (AED)
- Hands-only CPR
- Medications (bring yours to discuss with a pharmacist)
- Physical therapy
- Stress management
- Nutrition and heart-healthy snacks
- Sleep health
- Mental health

**Go Red
Heart Health Fair**
Thursday, February 6
11am - 2pm

**Einhorn Auditorium at
Lenox Hill Hospital**

131 East 76th Street
(between Lexington and Park
Avenues)



Blood Emergency



Please Donate Blood

Thursday, January 30, 2025

11:00am-5:00pm

Lenox Hill Hospital | Northwell Health

Einhorn Auditorium 131 E 76th Street, NY, NY 10021

To schedule your appointment to donate [Click Here](#), or scan the QR Code. For more information contact NYBC at (800) 933-2566.



Sponsored by:

Please remember to eat, drink, and bring your ID with your name and photo. Appointments are preferred however walk-ins will be welcomed if space permits. Visit nybc.org/coronavirus for COVID-19 safety protocols.

#nybloodcenter    
800.933.BLOOD • nybc.org

Construction Updates

Reconstruction of York Ave. Combined Sewers and Water Mains Project Weekly Bulletin

Weather and field conditions permitting, the following is the anticipated work schedule for the week ending on Friday, January 31, 2025.

All significant operations include heavy construction machinery, jackhammering, saw cutting, etc. Pedestrian access to sidewalks and entryways will always be maintained.

Water, gas, electric, telephone, and cable services will not be interrupted.

According to city regulations, garbage can be placed and picked up anywhere on the sidewalk while construction is in progress and where it is feasible for your private carting.

Accommodation for individuals with Disabilities: If this project may uniquely impact you or someone

you know, please get in touch with me and the Field Office as soon as possible to inform them of your situation or concerns at (646) 838-7942

For questions or inquiries regarding Con Edison's work, please contact:

Email: ManhattanRCA@coned.com

[Community Update: January 17, 2024](#)

[Community Update: January 10, 2024](#)

[Community Update: January 3, 2024](#)

[Community Update: A Year in Review December 31, 2024](#)

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