



Dear Friends and Neighbors,

This week I hosted a constituent in the Capitol at a press conference on the federal workers day of action with terminated federal workers against DOGE cuts. It was a pleasure to have one of my constituents in Albany to discuss her personal experience as one of the employees who were a part of the mass firings. Dr. Kelsey Hopland was doing critical research at the National Institute of Aging as a researcher for Alzheimer's disease and related dementias when she was let go. This is a setback not just for the employees but for the scientific breakthroughs that may never be discovered as a result of the dismantling of federal research infrastructure. That is why I am cosponsoring the RECOURSE Act and BRIDGE Act to help New York fight for federal funds and recruit fired federal employees.

Adopt a Shelter Pet Day was on April 30, and I would like to highlight the Animal Care Centers of New York City which are seeking volunteers, foster and adoption families for shelter pets in need. Their many shelter pets can be viewed [here](#).

The deadline to get your REAL ID is rapidly approaching! Starting May 7, a REAL ID will be required to board domestic flights or enter certain federal buildings, unless you have a valid passport. If your New York State license does not have a star or flag on it, it is not REAL ID-compliant. To learn more about how to get your REAL ID, visit dmv.ny.gov or call my office.

Please join us for a community event our office is pleased to sponsor:

- Monday through Friday from 10:00 am to 12:00 pm: **No-Cost Notary Public Service** at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets).
- Tuesday, May 6 at 3:30 pm: **No-Cost Housing Legal Clinic** at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets). To make a reservation, please call 212-288-4607.
- Wednesday, May 7, from 10:00 am to 12:00 pm: **MetroCard Sales/OMNY Bus** at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets). Refill your MetroCard/OMNY card or apply for a reduced fare card.
- Thursday, May 29, from 9:00 am to 12:00 pm: **No-Cost Community Shredding** at 1495 York Avenue (NW corner of York Ave./79 Street).

As always, please consider our office your resource.

Phone: 212.288.4607
Email: SeawrightR@NYAssembly.gov

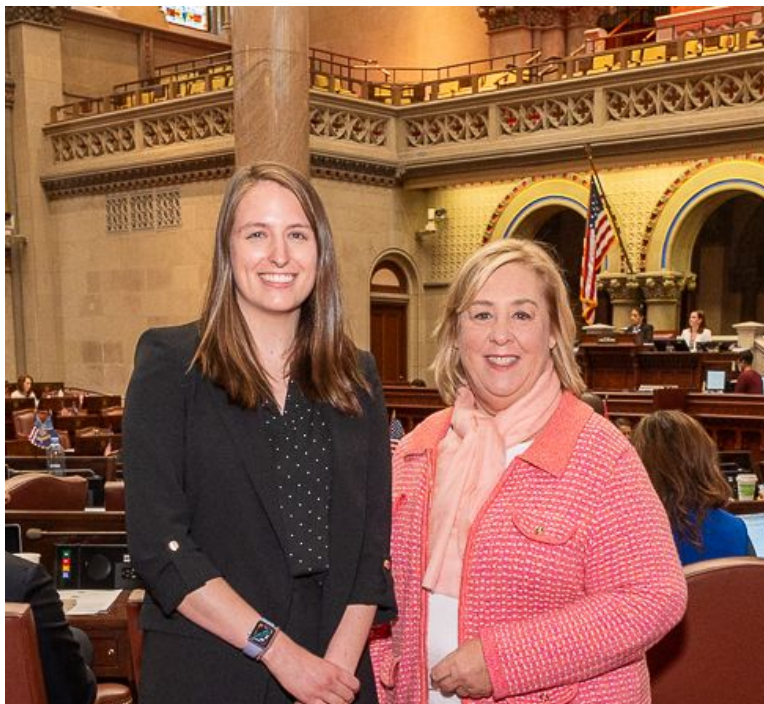
Sincerely,

Assembly Member Rebecca Seawright Stands With Federal Employees Against DOGE Cuts

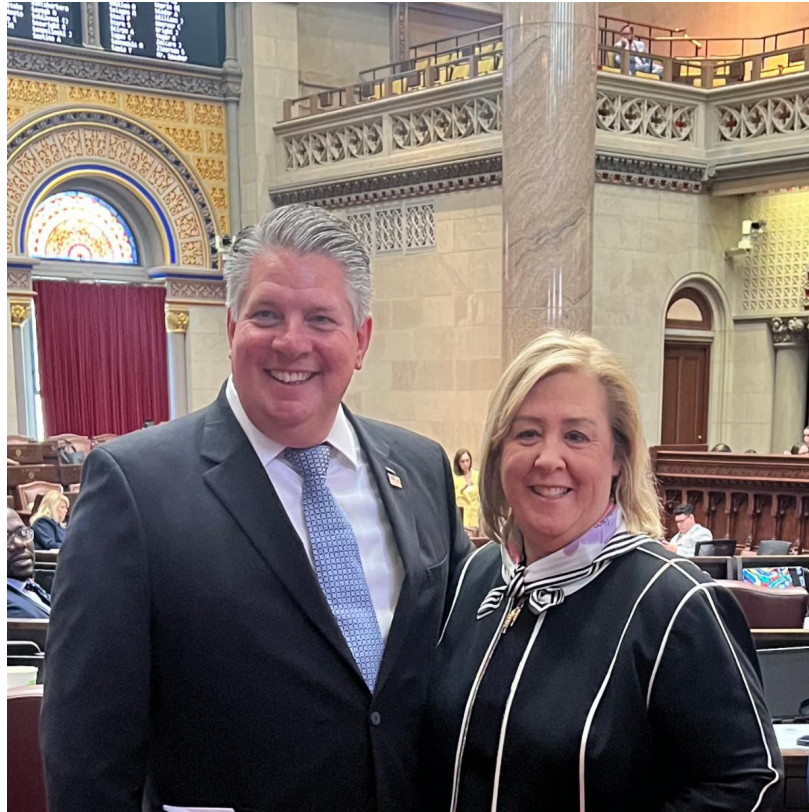


On Wednesday, Assembly Member Seawright spoke at a press conference on the federal worker day of action with terminated federal employees at the State Capitol. These politically driven layoffs targeted scientists, public health workers, and civil servants across the country and in New York. More than 200,000 jobs across the United States have been lost, putting essential government functions at risk. Among those affected are scientists like Seawright's constituent Dr. Kelsey Hopland, who is a leading Alzheimer's researcher benefiting more than 426,000 New Yorkers living with the disease. That work has now been suspended, and the research on Alzheimer's disease will be set back by years. Research, prevention, and disease tracking are stalled and will lead to public health emergencies.

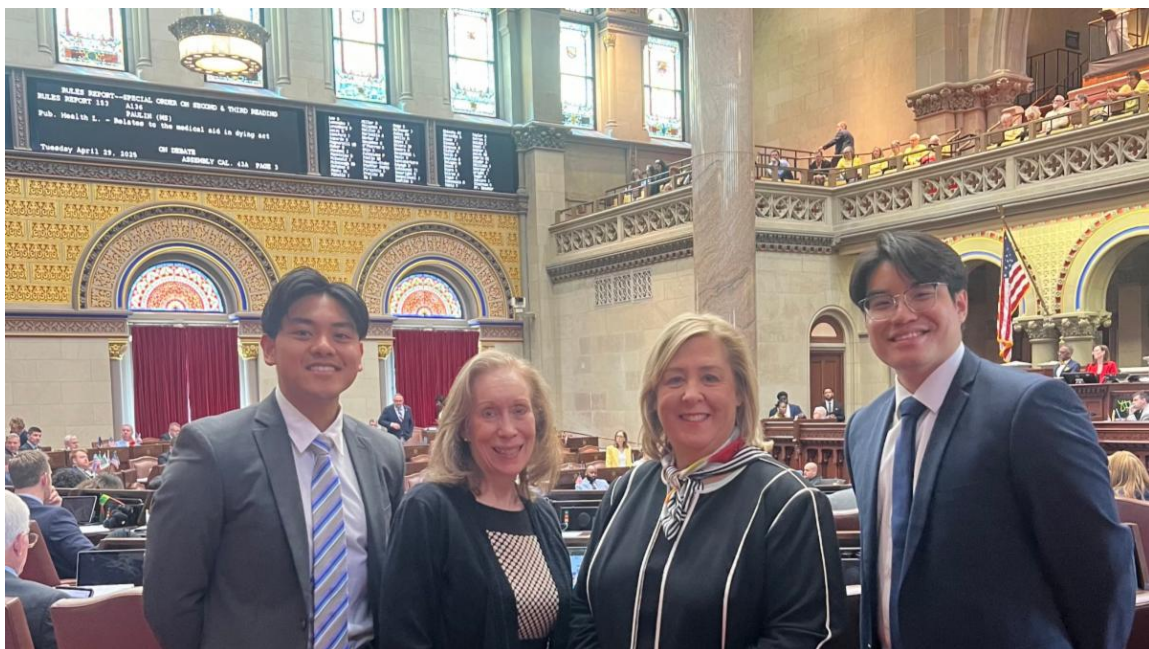
"I am proud to speak at a press conference with my constituent Dr. Kelsey Hopland and other impacted federal workers against draconian and indiscriminate cuts of thousands of federal employees," said Assembly Member Rebecca Seawright. "These jobs are saving the lives of everyday Americans, and in her case, at the National Institute of Health for those living with Alzheimer's and other dementias."



New York State Funeral Directors Association and President of the Frank E. Campbell Funeral Chapel William Villanova



Dr. Peggy J. Lynam and the American Physical Therapy Association



Assembly Member Seawright welcomed Upper East Side constituent Dr. Peggy J. Lynam of the American Physical Therapy Association (APTA) and her students to the Assembly floor. They are advocating for improved access to physical therapy treatment and limiting copays.

Adopt a Shelter Pet Week!
**April Showers Bring May Flowers...and This May, ACC Has
a Barquet of Flowers Waiting for You!**



National Adopt a Shelter Pet Day is celebrated annually on April 30th. This day encourages people to adopt shelter pets and raise awareness for the many animals waiting for their forever homes.

Thursday, May 1 - Saturday, May 10, 2025

Waived adoption fees for all Pitunias (large dog, 40lbs+)!

View all available large dogs at nycacc.app, don't forget to filter by weight!

*Does not include \$8.50 - \$34 NYC dog licensing fee or spay/neuter deposit, if needed.

Visit nycacc.org/locations for Care Center locations and adoption hours.

ACC IS OUT OF SPACE!

HOW TO HELP:

[Adopt](#) or [Foster](#)

Remembering the Life of Peter Walsh



Op-Led: Rest In Peace - Peter Walsh - Washington Heights, Inwood & Harlem Online | The Uptown Collective

BY Led Black (@Led_Black) I consider myself fortunate to have known Peter Walsh because to know Peter Walsh was to love Peter Walsh. That might sound like a tired and worn cliché but it is absolutely true. He was a real and actual, one of one.

[Read More](#)

Consider Our Office Your Resource!

Spotlight on Aging



New York seniors can now get free TV-based caregiving devices to combat loneliness: Here is how to sign up

[Read More](#)

It's time to “GET REAL!”

Starting May 7, a REAL ID will be required to board domestic flights or enter certain federal buildings, unless you have a valid passport

If your New York State license does not have a star or flag on it, it is not REAL ID-compliant



You will need the following documentation

Proof of social security status, including:

- original, signed social security card
- W2 or 1099 with full social security number, or
- ineligibility letters issued within 30 days

Two documents providing NYS residency, such as:

- valid NYS ID
- bank statement
- utility bill, or
- pay stub displaying your current address

For more information, including additional proof of residency options, visit:
dmv.ny.gov/driver-license/enhanced-or-real-id

New Good Cause NYC Website Launched

At GoodCauseNYC.org, a brand-new website, NYC tenants can enter their address and answer a short set of questions about their apartment to determine if their unit is eligible for protections, and access resources to fight back against an unjust rent hike or lease nonrenewal. The site also includes a rent increase calculator to help renters determine if their rent hike is considered “unreasonable” by the law.



NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM

**ASSEMBLY MEMBER
REBECCA A. SEAWRIGHT**



HOUSING LEGAL CLINIC

EVERY OTHER TUESDAY

**EVERY OTHER TUESDAY
AT 3:30 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-
COST FOR CONSTITUENTS OF
THE 76TH ASSEMBLY DISTRICT**

**A VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE SESSION
WITH ATTENDEES.**

**RSVP REQUIRED:
CALL: 212-288-4607**

EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV



**SCAN ME TO
RSVP!**

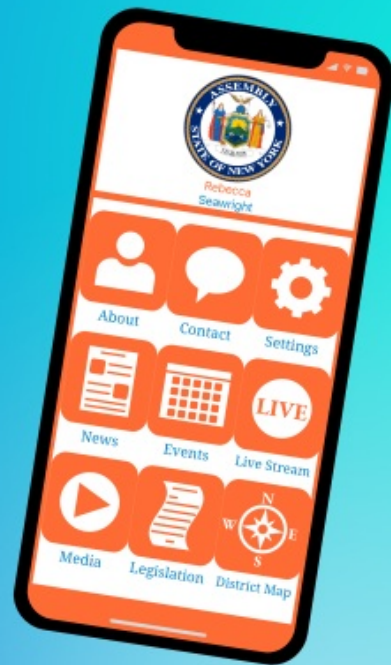
*The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord- tenant law.
The clinic does not guarantee a desired outcome and does not establish an attorney- client relationship.
Assembly Member Rebecca Seawright does not represent or advise
constituents in any legal matters.*

Assembly Member Rebecca Seawright's App is Live!

Stay Up-To-Date with the latest:

- News
- Events
- Legislation
- Livestream
- Media

Available on iPhone and iPad



Resources

The Home Energy Assistance Program (HEAP) can cover the cost of fans and air conditioners for eligible New Yorkers. To find out if you qualify, visit: otda.ny.gov/programs/heap/#cooling-assistance.

Cash Assistance Benefits Skimming Alert

Beware of attempts to steal your EBT benefits electronically through skimming or phishing. To learn more and file an online claim for stolen Cash Assistance benefits, go to nyc.gov/site/hra/help/benefitreplacement.page

New York's Paid Family Leave Program

Since first launching in 2018, New York State Paid Family Leave has provided critical benefits to improve the lives of tens of thousands of working New Yorkers and their families. In addition to ongoing enhancements, the wage replacement benefits continue to increase in line with the New York State Average Weekly Wage. Click here to learn how Paid Family Leave may be able to help you and your family in 2025. Visit: paidfamilyleave.ny.gov/2025

Empire State Child Credit

The New York State Department of Taxation and Finance is issuing supplemental Empire State Child Credit payments to over 1.5 million low- and moderate-income New Yorkers. The 2024–2025 New York State budget provides for an additional payment to eligible taxpayers based on the Empire State child credit. If you qualify for a payment, you don't need to do anything; we will automatically calculate and send you a check for the amount you're entitled to. For more details, visit [the Additional Empire State Child Credit Payments](#).

Energy Affordability Programs

The NYS Energy Affordability Program provides income-eligible consumers with a discount on their monthly electric and/or gas bills. You may be enrolled automatically if you receive benefits from a government assistance program. For more information, visit [this ConEd webpage](#) and click the "download form" button in the Energy Affordability Program box (or click [this link directly to download the pdf](#)). Or call 800-752-6633; the seniors-only direct line is 800-404-9097, M-F, 8:30 am–5 pm.

Regular HEAP Benefit

The 2024-25 Regular HEAP benefit reopened January 25, 2025. Find out if you may be eligible to apply for programs and services. If you are eligible, you may receive one regular HEAP benefit per program year to help you pay for heating your home. Visit: otda.ny.gov/programs/heap/

Health Insurance

New Yorkers can enroll in a Qualified Health Plan by the 15th of the month for coverage

starting the 1st of the following month and benefit from new cost-sharing reductions for additional savings. Visit nyc.gov/health/healthcoverage or call 347-665-0214 to connect with an enrollment counselor and get more information.

HIICAP

Approximately 500 trained HIICAP counselors located in local offices for the aging across the state are available to answer New Yorkers' questions about Medicare, Medicare Advantage programs (managed care), Medicare prescription drug coverage, Medigap, and other health and long-term care insurance. Counseling is also available through a toll-free HIICAP helpline at 1-800-701-0501. Visit: aging.ny.gov/health-insurance-information-counseling-and-assistance-program-hiicap

Renters Rights

In New York City, tenants have many rights relating to the safety and quality of their housing. Tenants should expect to live in safe, well-maintained buildings that are free from vermin, leaks, and hazardous conditions. [Laws protect tenants from harassment and discrimination](#). For more information on tenants' rights, please see the [Tenant Bill of Rights](#).

Homeowner Handbook

Homeowner Help NY offers a comprehensive guide to help New York homeowners navigate the responsibilities of homeownership and access available resources in their time of need. To view the handbook, visit homeownerhelpny.org/handbook.

Property Tax Exemptions

It's time to renew property tax exemptions, including SCHE, DHE, and the Clergy Exemption, for the 2025-26 tax year. The deadline to renew is March 15, 2025. Visit nyc.gov/contactdof or call 311 for details.

Mental Health Hotline

There's a three-digit phone hotline, 988, for mental health. Call 911 for mental health emergencies.

Mobile ID

Ever forget your wallet and wish you had your ID on you? Now you can with New York Mobile ID! Just download the app, and a highly secure digital version of a state-issued driver's license, learner's permit, or ID will be on your smartphone whenever you need it. [More info here](#).

NYCDOT Street Work Permit Maps

The NYC DOT provides a street work permit map for our district so New Yorkers can have access to any active street work information in real time. You can view the map here: <https://nycdot.info/>

Attention MTA Reduced-Fare customers

Your half-fare benefit is moving to OMNY! Look for your new Reduced-Fare OMNY card in the mail soon, and [check this page for updates](#). Continue to use your Reduced-Fare MetroCard in the meantime.

MTA Mobile Sales

Services offered at mobile sales vehicles

- Get help with a Reduced-Fare application
- Get more information about OMNY and sign up
- Transfer MetroCard balances (full-fare and Reduced-Fare to OMNY account)
- Report a lost/stolen Reduced-Fare MetroCard
- Ask our team about any OMNY-related issues

Note: Mobile sales buses and vans are making credit card transactions for OMNY only. You can still buy a MetroCard using cash. Check this site for the sales bus schedule: www.mta.info/fares/mobile-sales

Supplemental Nutrition Assistance Program benefits

New changes include providing a simplified one-page application form, allowing older New Yorkers to recertify their benefits for 36 months instead of 24 months, and eliminating the interview requirement for recertification. To learn more about SNAP and apply for benefits, [click here](#).

Unclaimed Funds

Check to see if you or someone you know may have unclaimed funds via this tracker by NYS Comptroller Thomas P. DiNapoli: osc.ny.gov/unclaimed-funds?fbclid=IwAR2JRsjGd4zt7CdT5aw5NQiBqIoud2O141dOUbqPWOjooIlaO8Qi7xxTFw

COVID-19 Resources

You can order four COVID tests (for free, including shipping!) at [this website](#)! To see the latest data and key metrics on COVID-19 in New York City, check out the [NYC Department of Health's website](#). Vaccine shots are also available in pharmacies, clinics, hospitals, and doctors' offices.

Community Service Society of New York

Need healthcare assistance or an advocate on your side when dealing with a medical bill, insurance denial, or a confusing notice? Call the Community Health Advocates hotline at 1-888-614-5400 and receive help today!

Congestion Pricing Discounts and Exemptions

Vehicles entering Manhattan streets at or below 60th St. will be tolled. Most E-ZPass users will pay \$9 during peak hours or \$2.25 overnight, once daily. Discounts and exemptions, such as the Low-Income Discount or Disability Exemption plans, are available—learn more at [mta.info/discounts](#). Update your E-ZPass account to ensure accurate toll rates and credits. For details, visit [congestionreliefzone.mta.info](#).

Animal Care Centers of NYC need your help!

Due to a temporary suspension of dog intake, they're calling on the community to step up and adopt. If you're ready to welcome a furry friend into your home, visit a local ACC Center or [check out their website for more details](#).

Emergency Preparedness

NYC Emergency Management (NYCEM) will keep you informed and prepared during emergencies through the Notify NYC alert system. Sign up at [nyc.gov/notify](#) or by calling 311.

Curbside Composting

Curbside Composting service is now available to ALL NYC residents citywide. Compost is picked up every week on your recycling day.

Visit: [www.nyc.gov/site/dsny/collection/residents/curbside-composting.page](#)

Looking for a job? Develop your skills with NYC Parks!

The Parks Opportunity Program allows you to participate in job training while working to keep the city's parks, playgrounds, and other facilities clean and green!

Our program offers:

- A six-month maintenance position with NYC Parks earning \$18.54 per hour.
- Paid career coaching and resume development to help you find future employment.
- Earn valuable credentials such as High School Equivalency, driver's license, CDL, security certifications, horticulture training and more.

Please note that hired candidates who are not currently employed by the City will be subject to a \$101.25 background check fee.



Interested in the Parks Opportunity Program? Sign up by scanning the code or visiting bit.ly/ParksOpportunityProgram.

For questions, email workforce.development@parks.nyc.gov.

We are an equal opportunity employer.



NYC Parks



Upcoming Events



Second Avenue Street Fair
Saturday, May 3
10am-6pm
86 to 66 Streets on Second Avenue



Rebecca
Seawright
ASSEMBLY MEMBER



NO - COST COMMUNITY SHREDDING 2025

**THURSDAY, MAY 29TH
9 AM - 12 PM**

**1495 YORK AVENUE
NW CORNER OF YORK AVE & 79TH ST**

NO NOTEBOOKS, BINDINGS, OR X-RAYS

**OFFICE OF NYS ASSEMBLY MEMBER REBECCA A. SEAWRIGHT
1485 YORK AVENUE
212-288-4607
SEAWRIGHTR@NYASSEMBLY.GOV**

SATURDAYS

04/26 1-4pm NOIZ Entertainment
05/03 1-4 pm Lillimure
06/07 1-4pm Samba with Itai Kriss

Andrew Haswell
Green Park at 60th St. &
the East River Waterfront
Esplanade

ESPLANADE FRIENDS SPRING 2025 LIVE MUSIC EVENTS

Fun-Filled Family Friendly Live Music Events! FREE Ice Cream FREE Kids Activities & MORE!



Sponsored by

FRIENDS
OF THE
EAST
RIVER
ESPLANADE



EsplanadeFriends.org



@EsplanadeFriend

Also enjoy FREE yoga in partnership with IronStrength on
Wednesday, May 21st at 6 PM at Andrew Haswell Green Park—
for more info and to RSVP email
ExecutiveDirector@EsplanadeFriends.org

Donations





free admission & popcorn!

FILM SCREENING & DISCUSSION



How can we prepare for our future, if we refuse to own up to the mistakes of our past?

Join us for a special screening of **Fire Through Dry Grass** followed by a Q+A with the film's protagonists. The award-winning documentary captures a group of disabled nursing home residents' fight to survive during the pandemic. With nursing homes emerging as a key issue in NYC's mayoral race, we invite you to hear directly from those living in one—what really happened and what's needed to keep them safe when the next disaster strikes.

May 7, 2025
4-6pm

DCTV FIREHOUSE CINEMA
87 Lafayette Street, NYC 10013



RSVP

Hosted by the Long Term Care Community Coalition
+ Gray Panthers NYC + OPEN DOORS NYC
+ Coalition of Institutionalized Aged and Disabled



Senior Fitness at John Jay Park



MOVING FOR LIFE
DanceExercise for Health®



New Classes Added to the Weekly Schedule:

Mondays at 12:00 PM – SAGE Brooklyn (4/7 - 6/30)

Tuesdays at 12:00 PM – Morningside Heights Library (4/1 - 6/17)

Tuesdays at 1:30 PM – Queens Public Library; Woodhaven Branch (4/1 - 4/29)

Wednesdays at 10:00 AM – John Jay Park (4/2 - 6/25)

Wednesdays at 1:00 PM – Grand Street Settlement NORC (4/23 - 6/11)

Fridays at 10:00 AM – John Jay Park (4/4 - 6/27)

To view the full schedule, visit movingforlife.org and sign up for your preferred classes. Have questions?
Email info@movingforlife.org.

COMMUNITY BOARD 8 MANHATTAN presents



Open Call for Spring Art Show on the Upper East Side



Show Date:

May 31, 2025

Rain date: June 1, 2025

Location:

James Cagney Place

E. 91st Street

between 2nd and 3rd. Ave

Submit a photo sample of your paintings, sculpture, photography, or crafts by **April 21st** to **info@cb8m.com** using "Art Show Submission"

FREE to apply and participate
No drop-ins at the show!



www.cb8m.com



[@CB8M](https://twitter.com/CB8M)



[@CB8Manhattan](https://www.facebook.com/CB8Manhattan)

Construction Advisory

New York City Department of Design and Construction Bulletins

WEEKLY CONSTRUCTION BULLETIN

05/05/25 – 05/09/25

PEDESTRIAN RAMP REHABILITATION | PROJECT #: HWPR23MQ | BOROUGH: MANHATTAN + QUEENS | DATE ISSUED: 05/02/25

The following is an anticipated work schedule for the upcoming week. However, due to unforeseen field and weather conditions, it may become necessary to change some scheduled work locations, operations and dates.

DATE	WORK HOURS	LOCATION	OPERATION
05/05/25– 05/09/25	7:00 am– 4:30 pm	Intersections of: <ul style="list-style-type: none"> West 59th St & 10th Ave West 56th St & 10th Ave West 56th St & 9th Ave 	Sawcut & excavate ramps; place concrete forms & base; Place concrete.
05/05/25– 05/09/25	7:00 am– 4:30 pm	<ul style="list-style-type: none"> East 72nd St & 1st Ave East 72nd St & 3rd Ave East 72nd St & Lexington Ave East 72nd St & Madison Ave 	Sawcut & excavate ramps; place concrete forms & base; Place concrete.
05/05/25– 05/09/25	7:00 am– 4:30 pm	<ul style="list-style-type: none"> 3rd Ave & East 73rd St 3rd Ave & East 74th St 3rd Ave & East 75th St 3rd Ave & East 77th St 3rd Ave & East 78th St 	Sawcut & excavate ramps; place concrete forms & base; Place concrete.

WATER SHUT-OFF NOTIFICATIONS: In addition to a 72-hour Advisory, a prior 24-hour notification will be distributed / posted to any / all affected location(s).
NO PARKING SIGNS: Will be distributed / posted 72 hours prior to the temporary elimination of street parking. Please observe posted parking regulations in construction areas.
FOR FURTHER INFORMATION: Contact [Alexandra Givlis](#), the [Community Construction Liaison](#) at 929-598-7249 or HWPR23MQ.CCL@gmail.com

Eric Adams
Mayor

Thomas Foley, P.E.
Commissioner

www.nyc.gov/ddc

[Click here to view](#)

WEEKLY CONSTRUCTION BULLETIN

05/05/25 – 05/09/25 (continued)

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DATE	WORK HOURS	LOCATION	OPERATION
05/05/25– 05/09/25	7:00 am– 4:30 pm	Intersections of: <ul style="list-style-type: none"> 5th Ave & East 19th St 5th Ave & West 19th St 5th Ave & West 13th St 5th Ave & West 9th St 	Sawcut & excavate ramps; place concrete forms & base; Place concrete.
05/05/25– 05/09/25	7:00 am– 4:30 pm	<ul style="list-style-type: none"> East 7th St & Ave D East 7th St & Ave B East 7th St & Ave A East 7th St & 1st Ave 	Sawcut & excavate ramps; place concrete forms & base; Place concrete.
05/05/25– 05/09/25	7:00 am– 4:30 pm	<ul style="list-style-type: none"> East 7th St & Tamashevchenko Pl East 7th St & Cooper Sq 	Sawcut & excavate ramps; place concrete forms & base; Place concrete.

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Eric Adams
Mayor

Thomas Foley, P.E.
Commissioner

www.nyc.gov/ddc

[Click here to view](#)

[Community Update: April 25, 2025](#)

[Community Update: April 17, 2025](#)

[Community Update: April 11, 2025](#)

[Community Update: April 4, 2025](#)

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