

**Rebecca**  
**Seawright**  
ASSEMBLYMEMBER



Dear Friends and Neighbors,

The Lenox Hill Neighborhood House has been a vital resource for older adults in our community for over 132 years. I was deeply honored to receive special recognition from their esteemed leadership on April 30 at their huge annual gala. I dedicated my acceptance to my dear friend Helene Goldfarb, former board member, whose many decades of service embody the very best of community leadership. It was a wonderful evening celebrating an institution that represents compassion, resilience, and a deep commitment to uplifting New Yorkers. The Lenox folks also honored Christopher Spitzmiller and Wilkinson Global Asset Management. As both a neighbor and partner, I remain proud to support Lenox Hill Neighborhood House through state funding and legislation, including my work to advance protections for older adults. I look forward to continuing this important partnership in the years ahead.

On legislative disabilities awareness day I was proud to co-sponsor and strongly support a package of legislation passed by the Assembly to strengthen protections and services for New Yorkers with disabilities. This package includes A.6021, which establishes a blue-ribbon commission to recommend long-term reforms to the developmental disabilities service system; A.688, which requires standardized training for firefighters to better respond to emergencies involving individuals with physical and developmental disabilities; and A.2589, which restores the ability of state employees to pursue claims under key federal labor and disability laws. Together, these measures represent an important step forward in building a more inclusive, responsive, and equitable New York for all.

This Saturday, May 2 is the Second Avenue Small Business Street Fair. Stop by our table between 75th and 74th Street.

I invite you to join us at our upcoming events:

- Tuesday, May 5, 3:30 pm – **No-Cost Housing Legal Clinic** at our Community Office, 1485 York Avenue (78th/79th Streets). By appointment only. Call 212-288-4607 or email [SeawrightR@NYAssembly.gov](mailto:SeawrightR@NYAssembly.gov) to schedule.
- Wednesday, May 6, 10:00 am – 12:00 pm – **MTA OMNY Service Bus** at our Community Office, 1485 York Avenue (78th/79th Streets). Ask questions or refill your OMNY account.
- Wednesday, May 6, 10:00 am – 1:00 pm – **Benefits Screening with LiveOn NY** at our Community Office, 1485 York Avenue (78th/79th Streets). By appointment only. Call 212-288-4607 or email [SeawrightR@NYAssembly.gov](mailto:SeawrightR@NYAssembly.gov) to schedule.
- Tuesday, May 12, 11:00 am - **OMNY Information Session** at the Carter Burden Luncheon Club, 351 East 74th Street (First/ Second Avenues)
- Saturday, May 16, from 1:00 pm - 4:00 pm- **Spring on the Esplanade! Andrew Haswell Green Park at 60th Street and the East River.** Lulada Club, an all women Salsa orchestra! FREE ice treats\* FREE Kids Activities! & More \*while supplies last. Subject to weather cancellation.
- Friday, May 29, 1:30 pm - 3:30 pm - Carter Burden Network and Lenox Hill Hospital present **Aging in New York City: Finding Care and Support** at Einhorn Auditorium at Lenox Hill Hospital, 131 East 76 Street (Park / Lexington Avenues). Register [here](#).
- Saturday, May 30, from 1:00 pm - 4:00 pm- **Spring on the Esplanade! Andrew Haswell Green Park at 60th Street and the East River.** Free concert with live music by Noiz! Kids activities and free ice treats \*while supplies last. Subject to weather cancellation.
- Tuesday, June 9, 6:00 pm - 8:00 pm - **Women of Distinction Awards Ceremony** at MSK Rockefeller Research Laboratory Auditorium, 430 East 67 Street (York/First Avenues). RSVP required for security. [Click here](#).

Our office is always just a phone call, email, or visit away.

Phone: 212-288-4607

Email: [SeawrightR@NYAssembly.gov](mailto:SeawrightR@NYAssembly.gov)



**REBECCA A. SEAWRIGHT**

**Seawright Honored by Lenox Hill Neighborhood House**



Assembly Member Rebecca A. Seawright was proud to be recognized as a Community Partner honoree at the Spring Gala hosted by Lenox Hill Neighborhood House on April 30. The annual gala brought together community leaders, advocates, and supporters to celebrate the Neighborhood House's vital work serving more than 17,000 New Yorkers each year.

In introducing the Assembly Member, Executive Director Rachel Bender highlighted her longstanding partnership with the organization and her leadership as Chair of the Assembly Aging Committee, where she has helped secure critical funding for senior services, public schools, and community infrastructure—including key capital improvements at Lenox Hill Neighborhood House.

Assembly Member Seawright has been a tireless advocate for older adults, individuals with disabilities, and families across the Upper East Side, Yorkville, and Roosevelt Island. Her continued collaboration with Lenox Hill Neighborhood House has strengthened essential programs and expanded resources for some of the community's most vulnerable residents.





*Maggie Delany, Sherry Miller and Vicki Schneps.*



*Louise Braver, Sherry Miller, Seawright and Andrea Stark.*



*Patricia Martone, Seawright, Dr. Barbara Rosen and Piet Sinthuchai.*



*Seawright and William N. Hubbard III, Board Chair of the New York Foundation for Senior Citizens and supporter of Lenox Hill Neighborhood House.*



*Seawright, Louise Braver and Piet Sinthuchai.*

## Seawright Advances Disabilities Awareness Day Legislation



*Seawright introduced Coach Ryan Martin and his adaptive sports players on the floor of the Assembly.*

Assembly Member Rebecca A. Seawright co-sponsored and strongly supported a package of legislation passed in recognition of Legislative Disabilities Awareness Day to enhance protections and services for New Yorkers with disabilities.

- A.6021 (Santabarbara): Establishes a blue-ribbon commission to recommend long-term reforms to the developmental disabilities service system.
- A.688 (Buttenschon): Requires standardized training for firefighters on responding to emergencies involving individuals with physical and developmental disabilities.

- A.2589 (Kelles): Restores the ability of state employees to pursue claims under key federal labor and disability laws.

The package includes measures to strengthen the developmental disabilities service system, require specialized training for firefighters, and restore state employees' ability to pursue claims under key federal labor and disability laws.

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## Assembly Member Rebecca A. Seawright Speaks in Support of MWBEs on Advocacy Day



Assembly Member Rebecca A. Seawright joined colleagues in supporting the designation of April 28, 2026, as MWBE Advocacy Day, recognizing the leadership of Assembly Member Rodneyse Bichotte Hermelyn and advocates advancing equity in contracting. While progress continues—including expanded contracting thresholds and record participation—Seawright remains committed to removing barriers and advancing policies that ensure MWBEs can fully participate and thrive in New York's economy.

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## Assembly Member Rebecca A. Seawright & The Links: Advancing Health & Economic Opportunity



Assembly Member Rebecca A. Seawright was honored to stand alongside The Hon. C. Virginia Fields and Links Chapter President DeNora Getachew for a meaningful discussion on advancing health equity and expanding economic opportunity across New York. The conversation highlighted the importance of strong partnerships and community-driven leadership in addressing disparities and building pathways to prosperity.

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### **Seawright Talks with Women Leaders**



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### **Seawright Meets with Physical Therapy Advocates in Albany**



Assembly Member Rebecca A. Seawright met off the Assembly floor with representatives of the American Physical Therapy Association, including constituents Peggy Lynam and Matt Glassoff, during their Lobby Day in Albany. The discussion focused on expanding patient access to physical therapy services and advancing policies such as copay parity to ensure equitable, affordable care for all New Yorkers.

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**SPOTLIGHT ON AGING:**



## Staying Safe in the City

*hosted by*



Health Advocates for Older People  
& Carnegie Hill Neighbors

**Thursday, May 14th, 3:00-4:30pm,**

with Detective Anthony V. Nuccio,  
19th Precinct Crime Prevention



Detective Nuccio will present safety information covering:

- mail/check theft
- phone scams
- ID theft
- personal safety

**Join us!** In person at 75 East 93rd Street, 2nd floor (enter on 93rd Street off of Park Avenue) **or** on zoom:  
<https://us02web.zoom.us/j/81541019392?pwd=RE56OE96MlVlWVhVeE5rWE5lWEc3dz09>.

If attending in person, please rsvp to 212-980-1700, ext. 205  
or [kmillehafop.org](mailto:kmillehafop.org).

Health Advocates for Older People promotes safe and healthy aging for New Yorkers. Our programs are supported through the generous donations from of individuals, foundations, and government agencies.

**Health Advocates for Older People**

420 Lexington Ave., Suite 1402 | New York, NY 10170 | 212-980-1700 | [www.hafop.org](http://www.hafop.org)

**Consider Our Office Your Resource**



## NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM

PLEASE REMEMBER TO BRING PHOTO ID  
AND YOUR WITNESSES IF YOUR  
DOCUMENT REQUIRES THEM

**ASSEMBLY MEMBER**  
**REBECCA A. SEAWRIGHT**



# HOUSING LEGAL CLINIC

**EVERY OTHER TUESDAY**

**EVERY OTHER TUESDAY  
AT 3:30 PM ATTORNEYS FROM  
THE LAW OFFICES OF GRIMBLE  
& LOGUIDICE, LLC WILL  
PROVIDE ADVICE ON HOUSING-  
RELATED MATTERS AT NO-COST  
FOR CONSTITUENTS OF THE  
76TH ASSEMBLY DISTRICT**

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!

**A VOLUNTEER ATTORNEY WILL  
HOST A ONE -ON-ONE SESSION  
WITH ATTENDEES.**



**SCAN ME TO  
RSVP!**

**RSVP REQUIRED:  
CALL: 212-288-4607  
EMAIL: SEAWRIGHT@NYASSEMBLY.GOV**

*The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord-tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.*

## Upcoming Events

# AGING IN NEW YORK CITY: FINDING CARE AND SUPPORT

*A Community Symposium*



Join us for an informative and empowering afternoon dedicated to helping older adults and their loved ones navigate aging with confidence, dignity, and support. Presented by Carter Burden Network in partnership with Northwell Lenox Hill Hospital, this symposium brings together leading experts to share practical guidance, discover essential resources, and the latest insights on aging safely at home and within the community.

**This event is open to community members and professionals in the aging field.**

*Light refreshments will be served.*

## SPEAKERS



**DR. LISA  
SCOTT-MCKENZIE**  
NYC Department for the  
Aging Commissioner



**DR. TOBE BANC**  
Medical Director,  
Northwell Institute for  
Healthy Aging

**FRIDAY, MAY 29TH  
1:30PM-3:30PM**

EINHORN AUDITORIUM  
LENOX HILL HOSPITAL  
131 EAST 76<sup>TH</sup> STREET  
NEW YORK, NY 10075

*Attendees who may have trouble using stairs  
should enter at 130 E. 77<sup>th</sup> Street*

**REGISTER AT THE QR CODE  
OR LINK BELOW**



[bit.ly/healthyagingnyc](https://bit.ly/healthyagingnyc)

**IF YOU HAVE QUESTIONS ABOUT THE EVENT PLEASE CONTACT**  
CLEWERT SYLVESTER, MD, GC-BMH  
ASSISTANT DIRECTOR, HEALTH & WELLNESS INITIATIVES, CARTER BURDEN NETWORK  
(212) 423-9665 (EXT. 445)  
SYLVESTERC@CARTERBURDENNETWORK.ORG

**Assembly Member  
Rebecca A. Seawright**  
*is hosting the*

**2026  
WOMEN OF  
DISTINCTION  
AWARDS**



**Tuesday, June 9**

**from 6 pm to 8 pm**

**Rockefeller Research  
Laboratories Auditorium  
430 East 67th Street  
(1st Ave/York)**

**TOGETHER, LET'S RECOGNIZE  
THE EXTRAORDINARY WOMEN  
WHO ARE MAKING OUR  
COMMUNITIES STRONGER.**



Please visit [nyassembly.gov/Seawright](https://nyassembly.gov/Seawright)  
or scan the QR code to RSVP for the  
Women of Distinction Awards Ceremony.



**ASSEMBLY MEMBER REBECCA A. SEAWRIGHT**

1485 York Avenue, New York, NY 10075  
212-288-4607 • [seawright@nyassembly.gov](mailto:seawright@nyassembly.gov)

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SYLVESTERC@CARTERBURDENNETWORK.ORG

**Upper East Side Street Fairs**

Sunday, April 26, 2026

## Lexington Ave UES Fair

Lexington Avenue, 79th Street to 86th Street

Saturday, May 2, 2026

## MCC 2nd Avenue Festival

2nd Avenue, 66th Street to 86th Street

Saturday, May 30, 2026

## First Avenue Fest

1st Avenue, 68th Street to 79th Street

@uppereastsideandbeyond



EVERY DAY  Carl Schurz  
PARK  
Conservancy

IS EARTH DAY

SATURDAY, APRIL 25TH

CARL SCHURZ PARK

FREE FAMILY FUN!

**CANCELED**

*Earth Day 2026 at  
Carl Schurz Park  
has been canceled  
due to inclement  
weather.*

1250pm1250pm1250pm

# JOIN US FOR I LOVE MY PARK days

SAVE THE DATE: SATURDAY, MAY 2



## IT FEELS GOOD TO GIVE BACK!

Show your public lands some love on Saturday, May 2 and join us at an I Love My Park Day volunteer event. Events are held across New York State and might occur at your local park or trail!



### Join family, friends, and neighbors to:

- Clean up park lands and beaches
- Restore trails and wildlife habitat
- Plant trees and flowers, and much more!



Volunteer  
today! →



[www.ptny.org/events/i-love-my-park-day](http://www.ptny.org/events/i-love-my-park-day)



Parks, Recreation  
and Historic  
Preservation

Department of  
Environmental  
Conservation

Canal  
Corporation





**Register today!**  
Program is free of charge.

Greenberg Academy for  
Successful Aging

## Hand & Wrist Pain

Thursday

April 30, 2026

10:30–11:30 am



### Join Online or In-person

Register online at: [communityed.hss.edu](https://communityed.hss.edu)

For more information: call 212.774.7622 or email us at [communityed@hss.edu](mailto:communityed@hss.edu)

Hand and wrist pain is common and can make daily activities more difficult. In this workshop you will:

- Learn about the causes of the condition.
- Engage effective treatments.
- Pick up helpful tips to manage discomfort and improve your quality of life.

#### SPEAKERS

Nicolas Pascual-Leone, MD  
Seong Jang, MD

Department of Orthopedic Surgery, HSS

[HSS Education Institute](#)

Join our monthly email list to be notified of future programming

To sign up:

[https://bit.ly/learn\\_with\\_us](https://bit.ly/learn_with_us)

or call: 212.774.7622.

This program is designed to give general information and does not provide individual medical advice.



# Roosevelt Island History Quest



DATE

Sunday, April 26th



TIME

1:00PM-3:00PM



MAP

Scan to View

## ABOUT THE EVENT

Visit any of the six Historical Markers to receive your Roosevelt Island Passport and learn about each location through fun interactive activities. Once you have collected all six stamps on your passport, return to the Visitor Center (across from the Tram) to receive your giveaway.

## HOW IT WORKS

### 1 GET YOUR PASSPORT



Pick up your Roosevelt Island Passport at any of the six Historical Marker locations.

### 2 COLLECT ALL 6 STAMPS



Visit each marker, participate in interactive activities, and collect every stamp.

### 3 CLAIM YOUR GIVEAWAY



Return to the Visitor Center (across from the Tram) with your completed passport.

## THE LOCATIONS



LIGHTHOUSE



SMALLPOX MEMORIAL HOSPITAL



CHAPEL OF THE GOOD SHEPHERD



STRECKER MEMORIAL LABORATORY



BLACKWELL HOUSE



ROOSEVELT ISLAND VISITOR CENTER



Roosevelt Island  
Operating Corporation



# Interacting Safely With Dogs: A Webinar for All New Yorkers



## Whether you share your home with a canine companion ...

... or just pass by dogs on the streets of New York, knowing how to interact with dogs safely is important for all. Join the NYC Health Department and dog experts Claire Cario and Anamarie Johnson to learn more about dog (and human!) behavior so you can help prevent bites.

Some of what we'll cover:

- Overview of dog body language
- Dog bite prevention tips
- Resources for additional guidance and support

Wednesday,  
April 29, 2026  
7 to 8 p.m.

[bit.ly  
/interacting-with-dogs](https://bit.ly/interacting-with-dogs)



To register, visit [bit.ly/interacting-with-dogs](https://bit.ly/interacting-with-dogs).

Webinar takes place on Zoom. For more information, contact [veterinaryhealth@health.nyc.gov](mailto:veterinaryhealth@health.nyc.gov) or 646-364-1761.

Webinar is offered in English. For interpretation or ASL, contact us at least 72 hours before the class.



**NYC**  
Health

## In Case You Missed It: Past Editions of the Community Report

[Community Update: April 17, 2026](#)

[Community Update: April 10, 2026](#)

[Community Update: April 1, 2026](#)

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