

[View this email in your browser](#)



Assemblyman

Steve Otis

91st Assembly District

Larchmont - Mamaroneck - New Rochelle - Port Chester - Rye Brook and Rye

Dear Friends,

This week has seen a continued climb in the number of cases in New York State and in Westchester.

This underscores the need for everyone to continue to follow the social distance and safety procedures that have been issued. Individuals unaware they are carrying the virus are a major source for the spreading of COVID-19. We all protect everyone else by following the guidance rules.

My staff and I have been working on the daily COVID-19 issues that arise for individuals, school districts, local governments, businesses and not-for-profits. Please call my office at 914-939-7028 if I can be of assistance.

This newsletter includes current resource links and contacts that you can use to obtain services or information you need. Updated information can also be found through my Assembly website [HERE](#)

There are no bystanders in the crisis. We are all participants in preventing the spread of COVID-19 by following good practices, protecting our families and

protecting anyone we come in contact with. Be careful, be safe.

Warm regards,



Steve

Important Phone Numbers

- Glen Island COVID-19 test results call BioReference Labs [833-469-5227](tel:833-469-5227)
- Coronavirus (COVID-19) State Hotline: [1-888-364-3065](tel:1-888-364-3065)
- People under self-quarantine or exposure to known case: [\(866\) 588-0195](tel:866-588-0195)
- NYS Department of Health COVID-19 Hotline: [\(888\) 364-3065](tel:888-364-3065) (24/7)
- Westchester County COVID-19 Information: Call 211
- 2020 Census help: [844-330-2020](tel:844-330-2020)

Mental Health Support

For FREE emotional support, consultation, and referral: 1-844-863-9314

Access the [NYS Health Dept](#), [County Health website](#) or the [CDC website](#)

To donate supplies contact:

COVID19supplies@esd.ny.gov

212-803-3100 - Eric Gertler, Empire State Development, Business Funding

646-522-8477 - Simondia Subotic, Executive Chamber

To request supplies email Emergency Operations

Center wceoc@westchestergov.com

Governor Cuomo daily press conferences can be accessed live or on file at:

<https://www.governor.ny.gov/news>



Complete Census Online Or By Phone

Many local residents have received their Census 2020 mailer with a unique code and invitation to fill out the census online. Go to www.my2020census.gov to access your 2020 Census questionnaire and login using your unique Census ID number.

For residents who are unable to complete their 2020 Census questionnaire online, the U.S. Census Bureau will send you a paper questionnaire by mid-April for you to complete and mail back. You also have the option to complete your census by phone by calling this toll-free number [1-844-330-2020](tel:1-844-330-2020). This number can also be used if you need any assistance in completing your census form.

Additional phone numbers for every language are available [HERE](#).

They are on the front lines protecting our health.

Thank you
health care
workers!



Get Involved : How to Help

New York State is doing all it can to keep New Yorkers safe and stop the spread of COVID-19. But we're stronger if we all work together. Governor Cuomo is calling on health care professionals, schools of public health or medicine and PPE products providers and manufacturers to come forward to support the state's response, while the state [mobilizes the distribution of materials](#) already received.

Call for Retired Medical Providers

If you are a physician or nurse that would like to help during the COVID-19 crises, please visit the NYS Department of Health website [here](#) to complete a brief questionnaire and sign up to help. Thank you for your service.

Volunteer

For more information on how you can get involved and help New York combat the corona virus please visit [NYS DOH Get Involved](#). Businesses interested in selling personal protective equipment (PPE) to the State including gloves, masks and gown should contact **Simonida Subotic** at [646-522-8477](tel:646-522-8477) or email

covid19supplies@exec.ny.gov .

Volunteer NY is also connecting non-profits and social service organization to volunteers. To see opportunities in your area visit [Volunteer NY](#).



New York State on PAUSE

Governor Cuomo announced the "[New York State on PAUSE](#)" executive order, a 10-point policy to assure uniform safety for everyone.

The 10-point NYS on PAUSE plan is as follows:

1. Effective at 8PM on Sunday, March 22, all non-essential businesses statewide will be closed;
2. Non-essential gatherings of individuals of any size for any reason (e.g. parties, celebrations or other social events) are canceled or postponed at this time;
3. Any concentration of individuals outside their home must be limited to workers providing essential services and social distancing should be

- practiced;
4. When in public individuals must practice social distancing of at least six feet from others;
 5. Businesses and entities that provide other essential services must implement rules that help facilitate social distancing of at least six feet;
 6. Individuals should limit outdoor recreational activities to non-contact and avoid activities where they come in close contact with other people;
 7. Individuals should limit use of public transportation to when absolutely necessary and should limit potential exposure by spacing out at least six feet from other riders;
 8. Sick individuals should not leave their home unless to receive medical care and only after a telehealth visit to determine if leaving the home is in the best interest of their health;
 9. Young people should also practice social distancing and avoid contact with vulnerable populations; and
 10. Use precautionary sanitizer practices such as using isopropyl alcohol wipes

Unemployment Benefits

NYS is waiving the 7-Day waiting period for Unemployment Insurance benefits for people who are out of work due to Coronavirus (COVID-19) closures or quarantines.

To see if you qualify for unemployment benefits and to apply, please visit:

<https://www.ny.gov/services/get-unemployment-assistance>

Income Tax Filing Deadline Postponed to July 15

The IRS has moved the deadline for filing 2019 Federal income taxes to July 15, 2020. New York State is also moving the state tax filing deadline to that date. The NYS Department of Taxation and Finance will be releasing details and updating their website shortly.



Support your Local Businesses

Communities are stepping up to support their local businesses. Restaurants are open for pickup and delivery through commonly used services such as [Grub Hub](#), [Seamless](#) and [Uber Eats](#), or by contacting them directly and arranging for curbside pickup or drop off while handling all payments online or over the phone.

Some online Business Directories have been created for the communities I represent:

- Larchmont/ Mamaroneck Directory of shops and restaurants [HERE](#)
- Port Chester- Rye Brook- Rye Town Chamber of Commerce [HERE](#)
- City of New Rochelle Chamber of Commerce [HERE](#)
- City of Rye Chamber of Commerce [HERE](#)

For more information on the federal Economic Injury Disaster Loan Program for small businesses please visit: <https://disasterloan.sba.gov/ela/>

Be Aware of COVID-19 Testing Scam

The [New York State Attorney General's](#) office is warning of reports of scammers knocking on doors pretending to be from CDC and offering COVID19 tests for a fee.

The CDC is NOT knocking on doors. If you encounter these scammers, do not engage with them and please report them to the [Attorney General's office](#).



Copyright © 2020 Assemblyman Steve Otis, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

