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91st Assembly District
Larchmont - Mamaroneck - New Rochelle - Port Chester - Rye Brook and Rye

Dear Friends,

This community update will again focus on the serious increase of Covid-19 infection rates and stressing how important it is that you follow the safety guidelines that are necessary to protect yourself, your family, friends and co-workers.

The stark reality is that infection rates are on the increase in Westchester, New York State and throughout the country. Relaxed social practices as a result of lower infection rates over the summer, combined with the colder weather and pandemic fatigue have all contributed to increased rates of infection. In just the last week the count of active infections in the Sound Shore communities in the 91st Assembly District rose from 413 to 536.

Last week, following a rapid infection rate increase, the Port Chester area was given a "precautionary" zone designation by the NYS Department of Health. This week that designation was upgraded to a "warning" zone for the village. In one week infections in Port Chester went from 119 to 160. As recently as late September the active infection total in Port Chester was only 11. There are 11 communities around the state with Covid-19 designations intended to help reduce infections and save lives. If these trends continue, additional Westchester communities will experience infection rate increases and new zone designations.

Tragically over 26,000 New Yorkers have died from Covid-19 since March, including 1,400 Westchester residents. The fall has brought new spread that underscores the need to take preventive measures, get tested and seek help and guidance if you test positive.

I am working with local governments, school districts and not-for-profits to address the many Covid-19 related issues that arise. You can do your part by following safety protocols. Covid -19 has created many new challenges and needs for our families and small businesses so please let me know how my office can be of assistance to you.

Warm regards,

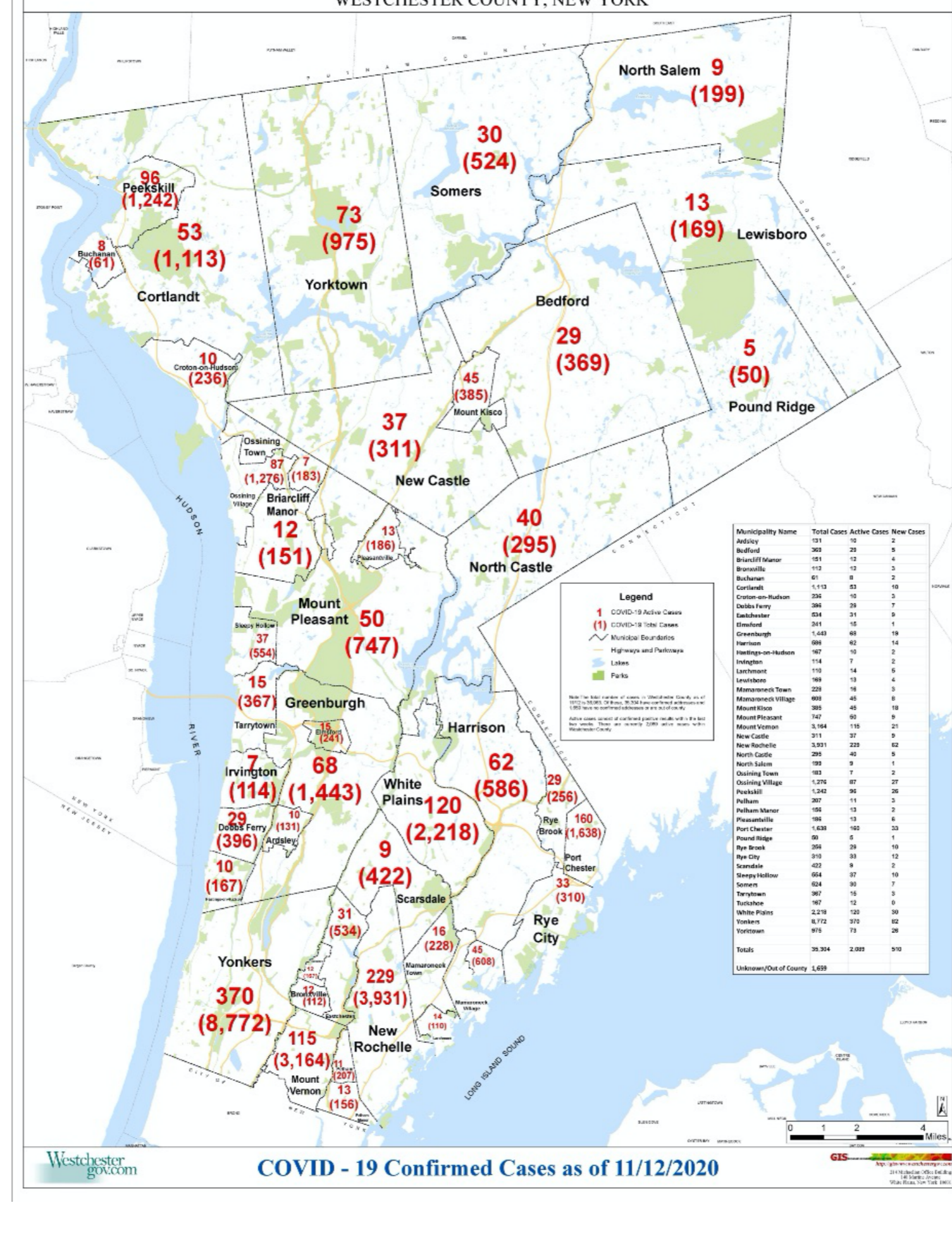
Covid Rate is Increasing Across Westchester County and NYS

The number of Covid cases has been on the rise across Westchester County which currently has a positivity rate of 3.5% (County tracker is available [HERE](#)) while the statewide average is about 2.9%. Some communities have experienced more dramatic increases. In response, the Governor has created guidance under the [Cluster Action Initiative](#) to focus on areas that have positivity rates above 3%. Locally, Port Chester has qualified in the 'orange zone', triggering certain restrictions for schools and businesses.

Covid Testing

To find a testing site near you and to make an appointment please visit the NY State Health Department [HERE](#) or call the New York State COVID-19 Hotline at **1-888-364-3065**. Testing is free for all New Yorkers at NYS run test sites.

Percent Positive Results By County



Cluster Action Initiative

The chart below is a summary and is not exhaustive. For full details please see [Empire State Development's Guidance](#) Related to New York's Cluster Action Initiative.

Where permitted to operate within the cluster action initiative, businesses and other entities must continue to follow the relevant industry-specific guidelines provided by Department of Health as available on the [New York Forward website](#) for their applicable operations and activities.

Visitation restrictions at congregate facilities: The Department of Health has [issued guidance for limitations on visitation in residential congregate settings located in "red" and "orange" zones](#).

Testing requirements at nursing homes: The Department of Health has [issued guidance for testing of all personnel in nursing homes located in "red," "orange," and "yellow" zones](#).

Mandatory COVID-19 Testing in Public and Non-Public Schools: The Department of Health has [issued guidance for testing for all public and non-public schools located in areas designated as "yellow zones."](#)

Type of Activity	Red	Orange	Yellow
Non-Essential Gatherings	Prohibited	10 people maximum, indoors and outdoors	10 people maximum, indoors and outdoors
House of Worship	Lesser of: 25% of maximum capacity 10 people	Lesser of: 33% of maximum capacity 25 people	50% of maximum capacity
Businesses	Non-essential businesses are closed	Certain high-risk non-essential businesses (eg, gyms, fitness centers and clubs, barber shops, hair salons, personal care services) are closed.	Open
Dining	Takeout or delivery only	Outdoor dining, takeout or delivery only. 4 persons maximum per table	Indoor and outdoor dining permitted. 4 persons maximum per table; bars and restaurants close at midnight
Schools	Closed* Remote-only	Closed* Remote-only	Open 20% weekly testing of in-person students and faculty

*Schools may reopen if they follow new guidelines that require mass testing in schools before they reopen followed by vigilant symptom and exposure screening conducted daily. [See new guidelines](#).

The Westchester County Health Department and Open Door Family Medical Center will be offering increased testing at:

Open Door Port Chester located at 5 Grace Church St, Port Chester, NY

Testing will be available:
Friday, November 13: 10am-6pm
Saturday, November 14: 9am-2pm

Those who wish to make an appointment should call [\(914\) 261-5100](#) or [\(914\) 261-5100](#)

Covid Alert New York

New phone app flags COVID-19 exposure. Add your phone. Stop the spread.

The state has launched a mobile contact tracing app that will notify you if you've potentially been exposed to a COVID-19-positive person.

If a person using the app spends 10 minutes within six feet of you, your phones will swap random codes to remember the contact. According to the Cuomo administration, the codes don't record anything about the individual or their location. If the other app user tests positive for the virus within the next few days, the app can send you an alert after checking your codes.

The app also features a "health log" option that lets someone track their health by storing a log of any symptoms. The app asks users whether they are experiencing symptoms such as fatigue, a headache, fever or sore throat, and also for information including their county of residence, age range, and ethnicity.

Search for 'Covid Alert New York' in the App Store to download.

School and College COVID-19 Dashboard Available Online

The online dashboard that allows anyone to check on reported COVID-19 cases in any school, college or university in the state is now live. Governor Cuomo has required that all schools report COVID-19 cases to the NYS Department of Health on a daily basis. The reporting requirement includes all public and private schools, charter schools and all colleges and universities.

[School and University Covid-19 Statewide Tracker](#)

New Travel Advisory for Domestic and International Travel

Governor Cuomo issued a new [Executive Order](#) that changes the quarantine restrictions on travelers arriving to NY from out of state. The new guidelines allow out-of-state travelers to "test out" of the mandatory 14-day quarantine.

Out-of-state travelers must be tested within three days prior to landing in New York, quarantine for a minimum of three days upon arrival, and get a test on day four of arrival. If both tests come back negative, the traveler may exit the quarantine early.

All travelers covered by the advisory are required to fill out a NYS Department of Health (NYSDOH) traveler health information form upon arrival. Those arriving at an airport are required to complete the form upon entering the state, and those traveling by other means of transportation must complete the form online. Travelers who leave the airport without completing the form will be subject to a \$2,000 fine and may be brought to a hearing and ordered to complete a mandatory quarantine.

Essential workers, international travelers, and states that are in good standing with New York (New Jersey, Connecticut, Pennsylvania, Massachusetts, and Vermont) are exempt from these rules. Non-essential workers who cannot get tested are required to quarantine. Travelers who were out of state for less than 24 hours are not required to quarantine, but they must get a test on day four of arrival in New York State.

The option to "test out" of quarantine applies only to travel quarantine and does not apply to those quarantining for 14 days after coming into contact with a known positive case.

For more information, visit the travel advisory [HERE](#).

You must wear a face mask or face covering in public when social distancing (staying at least 6 feet apart) is not possible, unless a face covering is not readily available. This includes on public transport, in stores and on crowded outdoor areas.

Children over 2 years of age should wear a face mask in public, too. Children under 2 years of age should NOT wear face coverings for safety reasons.

Cloth face coverings should be made from fabric you can't see through when held up to the light. They must be cleaned before reusing.

Disposable paper face masks should be used for one outing outside the home. They cannot be properly cleaned.

The best way to prevent COVID-19 is to continue social distancing (staying at least 6 feet away from others), even when wearing a face covering.

Putting On Face Covering
 • DO cover your hands with soap and water or if that's not available, alcohol-based hand sanitizer, before putting on your face covering.
 • Make sure the face covering covers both your nose and mouth.
 • DON'T wear your mask hanging under your nose or around your neck.
 • DON'T touch the face covering on the top of your head, or the front of it, and reposition. Once it is in place, leave the covering in place until you are no longer in public.

Taking Off Face Covering
 • DO clean your hands with soap and water or if that's not available, alcohol-based hand sanitizer, before taking off your face covering.
 • Remove your mask only touching the straps.
 • Discard the face covering if it is disposable. If you are reusing (cloth), place it in a paper bag or plastic bag for later.
 • Wash your hands again.
 • When choosing a cloth face covering, DO put in the machine (separately) on the hot water setting.
 • Dry in dryer at high heat. When it is clean and dry, place it in a clean paper plastic bag to store until you have a household with many people, you might want to label the bag with notes on the face coverings are not reused.

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Deben usar una mascarilla o una cubierta para cara en espacios públicos cuando no sea posible mantener el distanciamiento social (permanencia a una distancia de al menos 6 pies de los otros), a menos que una persona utilice una cubierta para cara por razones médicas. Esto incluye el uso en el transporte público, tiendas o áreas fuera de género.

Los niños mayores de 2 años deben utilizar una mascarilla en espacios públicos. Los niños menores de 2 años NO deben usar cubiertas para cara por cuestiones de seguridad.

Las cubiertas de tela para cara deben estar hechas de tela que no sea transparente cuando se pone contra la luz. Se deben lavar antes de volver a usarlas.

Las mascarillas desechables de papel se deben utilizar para una única salida de la casa. No se pueden limpiar correctamente.

La mejor manera de prevenir el COVID-19 es seguir manteniendo la distancia social (permanecer a al menos 6 pies de distancia de otras personas) incluso cuando está usando una cubierta para cara.

Instrucciones para colocarse una cubierta para cara
 • Antes de colocarse la cubierta para cara, **LÁVASE LAS MANOS** con agua y jabón durante 20 segundos, o utilice un desinfectante para manos con alcohol.
 • Asegúrese de que la cubierta para cara cubra tanto la nariz como la boca.
 • NO use la cubierta para cara en la parte superior de la cabeza, en la parte superior de la cabeza o en la parte superior de la cabeza, en la parte superior de la cabeza o en la parte superior de la cabeza, en la parte superior de la cabeza o en la parte superior de la cabeza.

Instrucciones para quitarse una cubierta para cara
 • Antes de quitarse la cubierta para cara, **LÁVASE LAS MANOS** con agua y jabón durante 20 segundos, o utilice un desinfectante para manos con alcohol.
 • Quite la cubierta para cara por las corchetes.
 • Deséchela la cubierta para cara si es desechable. Si es reutilizable, coloque la cubierta para cara en una bolsa de plástico.
 • Lávase las manos de nuevo.
 • Cuando use una cubierta de tela para cara, **PONGALE EN EL LAVAVAJAS** con agua y jabón. Cuando esté limpia y seca, colóquela en una bolsa de plástico para guardarla hasta su próximo uso.
 • Marque la estructura con calor seco. Cuando esté limpia y seca, colóquela en una bolsa de plástico para guardarla hasta su próximo uso. Si vive en una casa con varias personas, se recomienda poner etiquetas en los cubiertos para no confundirse las cubiertas de tela.

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