

Stay Informed About the **CORONAVIRUS**

Common Symptoms:

Fever, cough, shortness of breath

Severe Symptoms:

Pneumonia, severe acute respiratory syndrome



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If you suspect you may have the virus, you must **CALL AHEAD** before going to your doctor or the emergency room.

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Information about **COVID-19:**

What You Need to Know

- There is currently no vaccine to prevent coronavirus
- Avoiding exposure is your best prevention
- The virus spreads mainly from person-to-person

How to Protect Yourself and Others

- Wash your hands often with soap and water for at least 20 seconds
- Avoid close contact with people who are sick
- Practice social distancing- stay at least 6 feet from others
- Stay home if able



Important Phone Numbers

New York State Department of Health Coronavirus Hotline:

1-888-364-3065

Orange County Health Department:

845-291-2332

Rockland County Department of Health:

845-364-2512



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For more information on this or any other state issue, please contact my district office at 28 North Main Street, Suite 2, Florida, NY 10921, 845-544-7551, brabenec@nyassembly.gov