



Assemblywoman Aileen M. Gunther WINTER UPDATE | 2020

Dear Neighbor,

I want to start off by thanking all the essential workers in our community who have done so much over these last ten months. You have literally put your lives on the line to ensure that we stay safe, and for that, I am forever grateful.

There's no question this past year has been difficult. But I have never been prouder to be a member of this community. The way in which people have stepped up to lend a helping hand to friends and neighbors is awe-inspiring. Organizations have been delivering free food to those in need, people are checking in on their neighbors who might not be able to leave the house, and our health care workers are working around the clock to protect our community.

As we head into the new year, I find myself full of optimism. And while news of a vaccine and better therapeutics is certainly part of it, my optimism is due in large part to how we have come together to take care of one another. I'm more confident than ever that we have a bright future ahead of us.

Coretta Scott King once said, "The greatness of a community is most accurately measured by the compassion of its members." This is without question the greatest community of all, and I am thankful and appreciative that I get to represent you in Albany.

Sincerely,

Aileen M. Gunther
Member of Assembly

Combating COVID-19

If you have traveled to a non-contiguous state for more than 24 hours:

- The traveler must obtain a test within three days of departure, prior to arrival in New York.
- The traveler must, upon arrival in New York, quarantine for three days.
- On day 4 of their quarantine, the traveler must obtain another COVID test. If both tests come back negative, the traveler may exit quarantine early upon receipt of the second negative diagnostic test.
- For more information, please call 1-888-364-3065, or visit <https://coronavirus.health.ny.gov/covid-19-travel-advisory>

For more information on New York's reopening plans, please visit <https://forward.ny.gov/>.

Department of Health regulations require "Any person who is over age two and able to medically tolerate a face-covering...to cover their nose and mouth with a mask or face-covering when in a public place and unable to maintain, or when not maintaining, social distance."

For COVID-19 testing locations, please visit <https://coronavirus.health.ny.gov/find-test-site-near-you>.

CORONAVIRUS DISEASE 2019 (COVID-19)

You can help prevent the spread of respiratory illnesses with these actions:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose & mouth.
- Practice social distancing by putting space between yourself & others.
- Wash hands often with soap & water for at least 20 seconds.

cdc.gov/coronavirus

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CORONAVIRUS DISEASE 2019 (COVID-19)

Patients with COVID-19 have reportedly had mild to severe respiratory illness. Symptoms can include

- Fever
- Cough
- Shortness of breath

***Symptoms may appear 2-14 days after exposure.**

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

cdc.gov/COVID19-symptoms

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Important Phone Numbers

Sullivan County

Assemblywoman Aileen Gunther845-794-5807
 SC Office for the Aging 845-807-0241
 SC Sheriff's Department 845-794-7100
 SC District Attorney 845-794-3344
 SC Veterans Service Agency845-807-0233
 SC Emergency Management.....845-807-0508

Orange County

Assemblywoman Aileen Gunther 845-342-9304
 OC Office for the Aging 845-615-3700
 OC Sheriff's Department.....845-291-4033
 OC District Attorney 845-291-2050
 OC Veterans Service Agency 845-291-2470
 OC Emergency Management.....845-615-0400

NYS Elder Abuse Hotline844-697-3505
 NYS Office of Victim Services.....800-247-8035
 NYS Senior Consumer Info Line.....800-697-1220
 NYS Public Service Commission.....800-342-3377
 NYS Attorney General Poughkeepsie Office.....
845-485-3900
 Elderly Pharmaceutical Insurance Coverage
 (EPIC).....800-332-3742
 Monticello Social Security Office855-794-4728
 Do Not Call Registry888-382-1222
 Mid-Hudson Better Business Bureau Office.....
914-333-0550
 Free Annual Credit Report.....877-322-8228



Delivering coats to schools throughout the district so our children stay warm and healthy this winter.



Honoring our health care heroes for all they have done for us this year at Catskill Regional.



In Middletown distributing turkeys for Thanksgiving with Commissioner Mike Hein, Mayor DeStefano, and RECAP at the new rec center.

Restarting Our Economy

- New York State has a loan program available to small businesses impacted by COVID-19. For more information, please visit <https://esd.ny.gov/nyforwardloans-info>
- While the Paycheck Protection Program is no longer accepting new applications, the Small Business Administration is still accepting applications for Economic Injury Disaster Loans: <https://www.sba.gov/funding-programs/loans/coronavirus-relief-options/economic-injury-disaster-loans>
- For more information on grants and funding resources available for businesses affected by COVID-19, please visit <https://esd.ny.gov/esd-covid-19-related-resources>

New York State Assembly, Albany, New York 12248

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Assemblywoman
**Aileen M.
 Gunther**

Winter Update 2020



Visited the Pine Bush Central School System and toured the STEAM Program. A very exciting program with incredible students and teachers!



Cutting the ribbon on a new inclusive park for children with special needs in Walkkill.



Delivering ice cream to children throughout the district to raise spirits amid the pandemic.