Assemblyman Angelo Santabarbara: Learn how to protect your family from LYME DISEASE

"Join me for an informational session to learn how to protect you and your family from the dangers of Lyme disease."

Assemblyman Santabarbara

433 State Street Schenectady, NY 12305 PRSRT STD. U.S. Postage **PAID** Albany, NY Permit No. 75



You're invited to join:

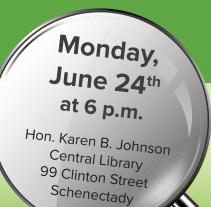
Assemblyman Santabarbara & Cornell Cooperative Extension to learn about LYME DISEASE PREVENTION

Register for this event online at www.nyassembly.gov/Santabarbara or call us at 518-382-2941



Tips to minimize your risk:

- When in wooded or grassy areas, stay on well-traveled paths and avoid heavy vegetation.
- Wear light-colored long pants and a long sleeved shirt and tuck pants into socks and shirts into pants.
- Once indoors, do a thorough check of your clothes and your entire body, paying particular attention to the backs of knees, behind the ears, the scalp and back.
- Check your children and pets for attached or crawling ticks.



Assemblyman Angelo Santabarbara: Questions? Need more information? I'm here to help.

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