

STAY CONNECTED!

ASSEMBLYMAN CHRISTOPHER S. FRIEND

District Office 607-562-3602

COUNTY SENIOR SERVICES

BROOME COUNTY

OFFICE FOR AGING

607-778-2411

CHEMUNG COUNTY

DEPARTMENT OF AGING AND LONG TERM CARE

607-737-5520

TIOGA COUNTY

TIOGA OPPORTUNITIES, INC.

607-687-4120

COUNTY VETERANS' SERVICES

BROOME COUNTY 607-778-2147

CHEMUNG COUNTY 607-737-5445

TIOGA COUNTY 607-687-8228

OTHER IMPORTANT NUMBERS

NYS EPIC PRESCRIPTION PROTECTION FOR SENIORS

1-800-332-3742

MEDICARE AND MEDICAID CLAIMS

1-800-633-4227



ASSEMBLYMAN

Christopher Friend

MORE
inside!



RETIREMENT MEANS THERE'S MORE TIME FOR WHAT MATTERS MOST.

A quick legislative guide for seniors

ASSEMBLYMAN

Christopher Friend

HERE'S WHAT THE BUDGET* DOES FOR NEW YORK'S SENIORS:

- Provides funding for EPIC to help with out-of-pocket prescription costs for seniors
- Increases Medicaid investment to help low-income seniors afford care at home or in nursing homes
- Increases support for the Joseph P. Dwyer program, providing peer mentoring and counseling to New York veterans of all ages

*A.3003-C



STAY ACTIVE!

VISIT THESE LOCAL STATE PARKS

MARK TWAIN STATE PARK

201 MIDDLE ROAD,
HORSEHEADS

NEWTOWN BATTLEFIELD STATE PARK

2346 COUNTY ROAD 60,
ELMIRA

TWO RIVERS STATE PARK

BANZHOFF ROAD, WAVERLY

TURKEY HILL STATE FOREST

TUBBS HILL ROAD, RICHFORD

MICHIGAN HILL STATE FOREST

MICHIGAN HILL ROAD,
RICHFORD

BEAVER DAM STATE FOREST

SEARS ROAD AND PUBLIC
ACCESS FOREST ROAD,
RICHFORD

ROBINSON HOLLOW STATE FOREST

166 ROBINSON HOLLOW
ROAD, RICHFORD

SHINDAGIN HOLLOW STATE FOREST

BREARLEY HILL ROAD,
BROOKTONDALE

KETCHUMVILLE STATE FOREST

KETCHUMVILLE FOREST
ACCESS ROAD,
NEWARK VALLEY

OAKLEY CORNERS STATE FOREST

HULLSVILLE ROAD NORTH OF
DUTCHTOWN ROAD, OWEGO

MAPLE HILL STATE FOREST

PRYNE ROAD, CHEMUNG

JENKSVILLE STATE FOREST

ALLISON HILL ROAD,
NEWARK VALLEY OR
SHIRLEY ROAD, BERKSHIRE

FAIRFIELD STATE FOREST

JENKSVILLE HILL ROAD,
CANDOR

DANBY STATE FOREST

SOUTH DANBY ROAD, DANBY
OR MICHIGAN HOLLOW
ROAD, ITHACA

VISIT [DEC.NY.GOV/LANDS](https://dec.ny.gov/lands) FOR MORE INFORMATION.



ASSEMBLYMAN

Christopher Friend

For questions about this or any other state issue, please contact:

Assemblyman Christopher Friend

607-562-3602

friendc@nyassembly.gov