

**IMPORTANT NUMBERS**

**JOSH JENSEN**  
OUR ASSEMBLYMAN

**LOCAL RESOURCES**  
 Town of Greece ..... (585) 225-2000  
 Town of Ogdén ..... (585) 617-6100  
 Village of Spencerport ..... (585) 352-4771  
 Town of Parma ..... (585) 392-9461  
 Village of Hilton ..... (585) 392-4144

**HEALTHCARE**  
 Rochester Regional Health  
 Immediate Care - Greece ..... (585) 225-5252  
 UR Medicine Urgent Care - Greece ..... (585) 276-9100  
 WellNow Urgent Care - Greece ..... (585) 736-3503  
 Rochester Regional Health  
 Immediate Care - North Greece ..... (585) 338-1200  
 UR Medicine Urgent Care -  
 Spencerport ..... (585) 349-7094  
 West End Pediatric Urgent Care ..... (585) 286-9595  
 Red Cross ..... (585) 241-4400  
 Monroe County  
 Department of Health ..... (585) 753-2991

**TRANSPORTATION**  
 Lift Line (People with Physical Disabilities)  
 224-8330  
 224-8509 (TDD)  
 Medical Motor Service ..... 654-7030  
 (Transportation for people with disabilities and special needs)  
 Regional Transit Service (RTS)  
 (automated information line)  
 call: 288-1700  
 toll free: 888-288-3777, \*TDD - 654-0210  
 website: www.rgrta.com

**UTILITIES**  
 RG&E ..... (800) 295-7323  
 RG&E Outage and Storm Assistance  
 Electric Emergency ..... (800) 743-1701  
 Natural Gas Emergency ..... (800) 743-1702  
 Life-Threatening Emergency ..... 911



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**WHEN EXTREME WEATHER HITS, JOSH IS HERE TO HELP.**

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**IMPORTANT PHONE NUMBERS INSIDE!**

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## IMPORTANT NUMBERS (CONTINUED)

### UTILITIES (CONTINUED)

- Life Support Services ..... (800) 743-2110
- Spencerport Municipal Electric ..... (585) 352-4771
- Monroe County Water Authority ..... (585) 442-2000
- After Hours Emergencies ..... (585) 442-7200
- Frozen Pipe Information:
  - » When the weather is very cold outside, let the cold water drip from the faucet served by exposed pipes.
  - » Keep the thermostat set to the same temperature both during the day and at night.
  - » If you will be going away during cold weather, leave the heat on in your home set to a temperature no lower than 55° F.

**AS WE PREPARE FOR WINTER, JOSH IS HERE TO OFFER ASSISTANCE BY KEEPING MONEY IN YOUR POCKET AND KEEPING YOU SAFE DURING THE COLD SEASON.** Whether you rent or own your home, always be prepared for weather emergencies and have a plan ready for you and your family:



## CONTROL YOUR HEATING COSTS:

### GOVERNMENT SPONSORED PROGRAMS

Contact your county's Department of Social Services or Office of Aging to learn about state and federal assistance programs.

### COMMUNITY-BASED SERVICE PROGRAMS

Organizations like the American Red Cross, Salvation Army and United Way provide financial aid, counseling services and assistance with utility emergencies.

### UTILITY SPONSORED PROGRAMS

Payment assistance programs are available through each of the major natural gas and electric utilities. Eligible, low-income customers can receive a discount on their monthly electric and/or gas bills. For more information, contact your utility company directly.

### DEFERRED PAYMENT AGREEMENT

This plan assists customers who have fallen behind on bills and cannot pay in full. Your energy provider can work with you to pay outstanding bills over time.

### BUDGET BILLING

This allows customers to pay more balanced bills throughout the year to make more expensive heating months easier to handle.

### WASTE-BUSTING ENERGY TIPS:

- » Install LED bulbs which last 25 times longer and use at least 75 percent less electricity than incandescent bulbs
- » Close vents in room not in use
- » Insulate your attic, hot water pipes and heating ducts
- » Caulk cracks around windows and doors
- » Lower your thermostat when not home

## MONROE COUNTY HEAP CONTACTS:

Monroe County Department of Human Services: (585) 753-6477

Lifespan of Greater Rochester: (585) 244-8400 ext. 102

Catholic Charities Family and Community Services (CCFCS): (585) 238-8620

## NEW YORK STATE AGENCY CONTACTS:

NYS Department of Public Service Helpline: 1-800-342-3377

Hotline: Electric-Gas Shutoffs: 1-800-342-3355

NYS Office for the Aging: 1-800-342-9871,  
[www.aging.ny.gov](http://www.aging.ny.gov)



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FOR MORE INFORMATION ON THIS OR ANY OTHER STATE ISSUE, PLEASE CONTACT NY DISTRICT OFFICE AT:  
2496 West Ridge Rd., Rochester, NY 14626 • 585-225-4190 • [jensenj@nyassembly.gov](mailto:jensenj@nyassembly.gov)